

# HEALTHY FOOD FOR ALL COLLABORATIVE AUGUST MEETING NOTES

AUGUST 15, 2017 | FRUITRIDGE COMMUNITY COLLABORATIVE

## OVERVIEW

The Healthy Food for All Collaborative met on Tuesday, August 15, 2017 at the Fruitridge Community Collaborative. A full list of participants can be found at the end of this document. The goals and objectives for the meeting included:

- **Utilize** meeting space to dig deeper into discussing, planning, and collaborating around community-based projects that partners are currently working on;
- **Engage** in an interactive discussion about the proposed timeline to begin planning for post-BHC;
- **Celebrate** adoption of HFAC mission statement; and
- Continue to **build** group cohesion and sense of team through collaborating, connecting, and communicating with and among each other.

## PART I: GENERAL MEETING

Collaborative members provided the following announcements, resources, and opportunities for collaboration:

### Announcements

- **Women in Food and Ag Dinner** (*Gerine Williams*): The Women in Food and Ag dinner will help fund mini grant programs for women to pursue careers in food and ag. The dinner will take place on Monday, September 18<sup>th</sup> at 5:30 PM at Mulvaney's B & L. For more information, please contact Gerine Williams at [gwilliams@nwsac.org](mailto:gwilliams@nwsac.org).
- **Oak Park Farmers Market Film Premier** (*Gerine Williams*): The Oak Park Farmers Market Film Premier will take place in September 2017. The location is to be determined and open for suggestions. For more information, or to make a suggestion re a location for the premier, please contact Gerine Williams at [gwilliams@nwsac.org](mailto:gwilliams@nwsac.org).

- **Harvest Leader Training** (*Dominic Allamano*): There will be a Harvest Group Leader Training on Saturday, September 30<sup>th</sup> from 1:00 – 5:00 PM at Fruitridge Community Collaborative (BHC Classroom). For more information, please contact Dominic Allamano at [dallamano@soilborn.org](mailto:dallamano@soilborn.org).
- **Fruit Tree Care Workshop** (*Dominic Allamano*): There will be a Fruit Tree Care workshop on Saturday, September 30<sup>th</sup> from 9 AM – 1 PM at Soil Born Farms. For more information, please contact Dominic Allamano at [dallamano@soilborn.org](mailto:dallamano@soilborn.org).
- **Meeting Rooms Resources** (*Meeting space for Coalition partners has been offered at the following locations*):
  - Fruitridge Collaborative Meeting and Conference Rooms– To reserve space please contact Shakeya Bell at [bhc@sacbhc.org](mailto:bhc@sacbhc.org).
  - Colonial Heights Library Conference Room (*Available free for non-commercial, non-profit, open to the public events, capacity of room is 90 people, but may increase or decrease after renovation*) – To reserve space please contact Alicia Doktor at [adoktor@saclibrary.org](mailto:adoktor@saclibrary.org).

### Collab Café: Project Identification, Discussion, and Collaboration

During the Collab Café, partners were asked to identify projects they are working on that they would like to discuss, plan, and collaborate with in conjunction with fellow Collaborative members. Those who did not list a project were asked to self-select into one of the groups and think through the project with the project lead. The option to change groups at anytime was also available. A list of guiding questions was also made available to each group to help start the conversation, but only if needed. The roster included the following projects:

Project	Person	Focus Area	Location/Neighborhood
School/Food Distribution Collaboration	Karen Strach	General	
Urban Farmer Pipeline Development & Luther Burbank Curriculum Development	Jackie Cole & Todd McPherson	General	
Paint the Town in Del Paso Heights	Gerine Williams	Paint the Town Event	Del Paso Heights
Parcel for donation @ 53 <sup>rd</sup> and 10 <sup>th</sup> Ave	Isaac Gonzalez	General	S. South

### Group Report Backs

Each group was given 30 minutes to discuss their projects in small groups and at the end of the time, each group was asked to provide a brief project overview/summary. The groups came up with the following notes and shared the following summaries as part of their report backs:

## 1.) School/Food Distribution Collaboration (Karen)

- **Group Notes:**

- H.E.C.
- We Diggitt? (Home gardens → pantry garden)
- Apt. complex (nut. Ed → if near school garden)
- Ethel Baker
  - Student demo recipes and garden tours → Shannon to connect with VP Heather
- Pacific Elementary
  - Alchemist
    - Store tour (Primetime)
    - Connect with Pacific elementary
  - Kids
    - Store tour
    - Scavenger hunt
    - Food demo @ store
  - 3<sup>rd</sup> Friday @ 9 AM distribution opportunity to reach larger community (with coupon from Primetime?)
  - H.E.C. connect with principal (Tera) about connectivity
  - Teacher Leadership Team (how to connect families with distribution)
- Library resources
- P.B. and food literacy

- **Report Back Summary:**

- Discussed distributions at Pacific Elementary and Ethel Baker - looking at ways to get students involved with student demos and garden tours
- Pacific: Open to whole community - looking at ways to engage the community and kids at school site; discussed Alchemist doing store tours on school site, FLC doing a scavenger hunt for healthy ingredients and tie in distribution through giving out coupons for the stores
- **Next Steps:** Will use these ideas as a pilot

## 2.) Urban Farmer Pipeline Development & Luther Burbank Curriculum (Jackie and Todd)

- **Group Notes:**

- Grub – Oregon – curriculum and edible school for food literacy and food justice
- From O to Urban Farmer

- Timeline – 6 weeks vs. 6 months
- 3 courses – 3 years
- Youth cohorts and adults
- Overlapping/synced curriculum
- CLBL
- Getting actuals
- LBHC – Todd
- Project GOOD – Gaby
- SUAC Pipeline – Jackie
- Center for Land-based Learning – Sara Bernal
- Oak Park Sol – Randy
- Edible Sac High – Karen Henderson
- **Report Back Summary:**
  - No standardized process
  - SUAC will focus on adults with option to have kids participate since Project GOOD and Luther Burbank focus on kids
  - Luther Burbank, Project GOOD, SUAC, and Oak Park Sol will be initial partners
  - **Next Steps:** Reach out to Center for Land-based Learning

### 3.) Need Help/Resources for an Urban Garden @ 10<sup>th</sup> Ave and 53<sup>rd</sup> Street (Isaac)

- **Group Notes:**
  - Fruit trees (for long term), short term potted – Dominic
  - Perennial Plant Club of Sacramento
  - Possibility of lease with Oak Park Sol
  - Asian Resources HWHA? Famers
  - Rob Rise: 916-256-6357
- **Report Back Summary:**
  - Discussed putting in some fruit trees and perennial as well as possible lease with Oak Park Sol and sourcing for Hmong farmers who might be looking for extra land on which to farm; it would be awesome if in a year from now there were a garden in place because of this meeting :)
  - **Next Steps:** N/A

#### 4.) Paint the Town in Del Paso Heights (Gerine)

- Group Notes:
  - N/A

## PART II: FOUNDATION BUILDING

### Timeline Proposal

During the June HFAC meeting, facilitators Shawn Harrison and Rangineh Azimzadeh Tosang proposed (and the group agreed) that rather than moving forward with individual foundational questions, it would be more strategic to do a comprehensive planning process, especially since many of the questions the group wanted to address are intertwined with questions about what will happen in the future post-BHC era. To this end, the facilitators followed up on that conversation during the August meeting by proposing that the group consider doing a 1-day planning session in February 2018 (in lieu of the meeting that month) which would allow for the group to find a planning date in January, refine the plan in March, and submit the revised plan in April (which is when the next grant proposal would be due to the California Endowment). Shawn Harrison suggested that the group also consider including documenting their best practices to capture the thinking, tools, and best practices that the HFAC has developed over the years in the planning process as well. Christine Tien (The California Endowment) shared that such documentation would be a good “add-on” to the best practices that the Endowment already captures for each site.

Participants were then asked to take a few minutes to discuss the proposal in pairs, and then invited to share at the large group level. Below are their comments and questions:

### Comments

- Re Tools for replication: Would it be something the group would decide at the Planning Retreat and if they want to do it, what it would look like? → The documentation product piece would be one aspect of the planning process but not all of it
- Hope with the planning process would be that the value is recognized
- Factors to consider: whatever comes out of the planning process could potentially take away from the work we are already doing
- Wondering if it would make sense to move it to early January instead to give it more time to breath?
- Is 6 hours enough time? Wondering if some pre-work that needs to be done to make sure the retreat hours are most productive
- Would need to determine methods of dissemination for tools for replication - would we become the marketing forum for these tools?  
→ That would be a question that would get addressed at the planning retreat

To bring the group to a more formal decision, the Collaborative was asked to do a *\*Fist-to-Five Vote* resulting in the majority of members voting in favor of moving forward with timeline proposal. Please see below for a break down of the votes. Following the vote, participants who were

interested in helping to shape the planning day were also invited to join a Planning Committee. In response to this invitation, the following three participants stated they were interested: Adrian Rehn, Davida Douglas, and Nick Anicich.

### Fist-to-Five Vote Results

<b>Proposal:</b> To move forward with holding a 1-day planning session to explore existing foundational level questions as well as engage in a strategic thinking about how the Collaborative would like to move forward in the post-BHC era.								<b>Average Score</b>
<b>Scale</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Abstain</b>	
<b># of Votes</b>	0	0	0	(1)	(9)	(4)	(3)	<b>3.93</b>

*\*Fist-to-Five Vote: A voting method in which each participant holds up anything from a fist to five fingers in order to indicate where they fall on a scale of agreement with the proposed idea. The scale is an informal way of quickly assessing a group's general sentiment toward a chosen topic. The scale breaks down as follows: Fist = Cannot move forward with the idea presented; One = Can move forward but with strong hesitation or concern; Two = Can move forward but with some hesitation or concern; Three = Can go in either direction, not necessarily for or against the idea; Four = Will move forward in support of the idea; Five = Will move forward in strong support of the idea.*

### Timeline Proposal

Finally, as a way to bring the meeting to a close, participants were invited to share appreciations for the group and/or each other. Below are their appreciations and comments for each other:

- Thanks to Isaac for helping with farmers market film
- To Gerine and Joany: Appreciation for feeding youth with good food each time we met with them re the filming
- Appreciation to Alchemist for coming out to the food distribution and market match
- Appreciation for the group (those who are here and those who are not) - thanks
- Appreciate when we come together no one takes themselves too seriously, lots of laughter and appreciation; even though we're accomplishing different things there is a genuine desire to do that work and that it's not a competition, it's good collaborative feel
- It was interesting to learn how different and unique we are
- Appreciate the tight knit group that this group has become
- Appreciate having well-prepared for meetings each month and having a sign-in sheet to just sign (vs. having to fill out each month)
- Amazed at the determination of this group to overcome obstacles - coming from the outside, thought this was all done and see its not, we're still working on it, have seen this peter out in other groups, great to see such a creative response to a need

### **CLOSING REMARKS & REMINDERS**

The **next Collaborative meeting** will take place on **Tuesday, September 19<sup>th</sup> from 10 AM – 12 PM at Fruitridge Collaborative (4625 44<sup>th</sup> Street), Room 11.**

## PARTICIPANTS

	Name	Affiliation/Organization	Present
1.	Adrian Rehn	Valley Vision	X
2.	Alberto Mercado	Sac BHC	
3.	Alicia Doktor	Colonial Heights Library	
4.	Chanowk Yisrael	Yisrael Family Farm	
5.	Christine Tien	The California Endowment	X
6.	Dave Chappell	Sacramento Food Bank and Family Services	X
7.	Davida Douglas	Alchemist CDC	X
8.	Dominic Allamano	Soil Born Farms	X
9.	Gabrielle (Gaby) Rosado	Yisrael Family Farm	X
10.	Gerine Williams	NeighborWorks and Oak Park Farmer's Market	X
11.	Isaac Gonzalez	Access Sacramento	X
12.	Jackie Cole	VG Consulting	X
13.	Jimmy Vang	Sac BHC	X
14.	Joany Titherington	NeighborWorks and Oak Park Farmer's Market	
15.	Judith Yisrael	Yisrael Family Farm	X
16.	Karen Abrego	Senator Dr. Richard Pan's Office	
17.	Karen Strach	Sacramento Food Bank and Family Services	X
18.	LaTisha Sohail	Alchemist CDC	
19.	Laura Tuller	Food Literacy Center	
20.	Nick Anicich	Soil Born Farms	X
21.	Randy Stannard	Oak Park Sol	X
22.	Rangineh Azimzadeh Tosang	Solh Resolutions International	X

## PARTICIPANTS CONTINUED

	<b>Name</b>	<b>Affiliation/Organization</b>	<b>Present</b>
23.	Shakeya Bell	Sac BHC	X
24.	Shannon Hardwicke	Soil Born Farms	X
25.	Sharon Eghigian	NeighborWorks	
26.	Shawn Harrison	Soil Born Farms	X
27.	TonJala Mack	Tomorrow's Kitchen	X
28.	Todd McPherson	Luther Burbank	X
29.	Tiffany Rosso	Alchemist CDC	
30.	Tiffany Wilson	LPC Consulting	X
31.	Victoria Torres	UC Davis	