

THE SOUTH SACRAMENTO BUILDING HEALTHY COMMUNITIES INITIATIVE

YEAR ONE EVALUATION SUMMARY AND REPORT



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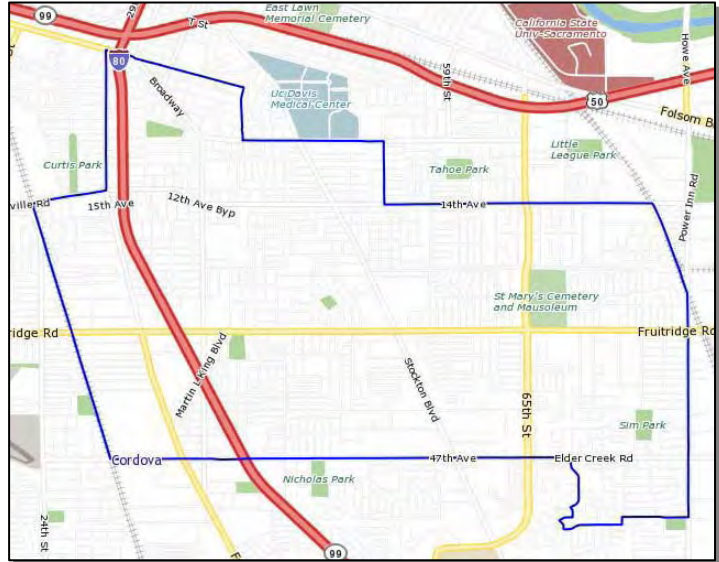
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SECTION 1: INTRODUCTION

In the spring of 2009 The California Endowment (TCE) granted a contract to Asian Resources, Inc. to facilitate and conduct a planning process, the first step toward implementing the 10-year “Building Healthy Communities” (BHC) Initiative. One of 14 sites selected by TCE, South Sacramento completed its planning process between June 1, 2009 and March 31, 2010. The process included creation of a BHC Steering Committee, with representation from key service sectors as well as residents and youth from the geographic target area. The Steering Committee and three work groups reviewed both primary and secondary data related to TCE’s 10 priority outcome areas. The planning process culminated in the selection of 5 of these priority outcomes for immediate pursuit, the identification of several change strategies, and targeted changes. Five priority outcomes were selected by the three work groups, as follows:



- **Health Access Work Group:** Priority Outcome 2, Families have improved access to a health home that supports healthy behaviors.
- **Community Infrastructure and Assets Work Group:** Priority Outcomes 4, Residents live in communities with health-promoting land-use, transportation, and community development; and Priority Outcome 8, Community health improvements are linked to economic development.
- **Youth Development Work Group:** Priority Outcome 6, *Communities support healthy youth development.*

In addition, the BHC identified Priority Outcome 10, *California has a shared vision of community health* as an area where strategies for capacity building, advocacy, and resident and youth engagement would manifest. This priority area works in tandem with other priority areas as an overarching theme for community development and sustainability for all BHC funded efforts.

A key by-product of the planning process was the creation of a comprehensive logic model to illustrate the relationship between the priority goals, selected change strategies, and targeted changes for the South Sacramento community. The South Sacramento BHC submitted the comprehensive planning report and logic model to TCE in April 2010. The planning process culminated in a summer celebration, the “South Sac Games” from 3-8pm on July 19, 2010 at the George Sims Community Center, organized and coordinated by several partners in the planning process.

Fifteen months has passed since the BHC submitted its plan. Several important milestones have been accomplished during this first year-plus, including a transition phase, development of a new operating structure, grant funding for several new activities, and the use of data. The evaluation for the first year of implementation focuses on process measures and indicators, and will set the stage for reporting outcomes as the grantees proceed beyond administrative start up and into full scale implementation.

In the first year, grantees and others with interest in the BHC initiative have used baseline measures for charting changes over time, and to “drill down” for enhanced understanding of trends, needs, assets, and gaps in data.

This section of the report describes that transition from planning to implementation, based on a combination of records, documentation, observation, and targeted interviews with individuals in leadership roles. Structural changes also occurred between the planning and implementation phases, described below.

1.1 Transition from Planning to Implementation

The South Sacramento BHC submitted the logic model and final plan to TCE in April 2010. The plan included five of the original goals presented by TCE to all 14 of the BHC sites when the planning process began. Once the plan was approved and forwarded to TCE, the Steering Committee and the work groups began the transition from planning to implementation. This process was facilitated by guidelines from TCE for the creation of a “Building Healthy Communities Hub” and recognition of the need for an organizational structure and process that differed from the planning structure and process. Following a retreat in February 2010, the Steering Committee and leaders from various work groups identified specific shifts they wanted to see in the new organizational structure, as listed below:

- Increased deliberate involvement of residents, and decreased presence of organizational and agency representatives (50-50 split);
- Increased deliberate involvement of youth in decision making;
- Creation of a tiered process for community engagement, via a formal BHC Steering Committee and an informal HUB that was open and boundless;
- Ongoing leadership development and advocacy training;
- Creation of a mini-grant structure and process to support small projects by neighborhood groups and organizations; and
- Increased opportunities for community engagement, via grants, celebrations, decision making, and advocacy for a healthy community.

The transition from planning to implementation focused on three primary activities, as introduced below and described in greater detail in the remaining sections of this report. The objectives of these activities were to insure there was a meaningful organizational structure; to align the grant making with the logic model developed for the South Sacramento BHC community; and to optimize the use of data to guide grantees and assess change over time.

1.2 Plans for Implementation; Creation of the Steering Committee and the Hub

In response to lessons learned from the planning process and specific guidance from the final retreat, the South Sacramento BHC examined how to increase and improve engagement with the community on many levels, while developing a leadership group that provided continuity and better representation from the community. The consensus from the BHC retreat in February 2010 was to create a tiered organizational structure, with both a formal BHC Steering Committee and an informal, ad hoc HUB group that was dynamic and a vehicle for outreach and information dissemination. The Steering Committee members would represent community residents and organizations equally, would meet regularly, make decisions, and provide oversight for the implementation of the 10 year initiative. The

HUB would be a quarterly gathering, open to the community at large, featuring opportunities to participate in various funded initiatives as well as links to the direct services and partners. The HUB gatherings would provide a public persona for the BHC initiative, and would occur in a large venue with more festivity and socializing than business on the agenda.

Between the planning and implementation phases, an ad hoc committee drafted specific guidelines for selecting the new BHC Steering Committee, and coordinated the outreach, recruitment, and selection process. By September 2010 the BHC had a new Steering Committee.

The HUB component would be developed more fully by the Steering Committee and the new BHC staff. TCE selected Asian Resources, Inc. to continue to serve as the lead agency, and Asian Resources hired a Hub Manager and a Hub Coordinator to staff the implementation phase. In addition, Asian Resources, Inc. contracted with LPC Consulting Associates, Inc. to conduct an evaluation for the first two years of the HUB and with Uptown Studios for marketing and communications consulting.

1.3 Grant making from TCE

Once the BHC had submitted the logic model and plan for South Sacramento, the TCE Project Officer had the framework for identifying and selecting grant initiatives for funding. Throughout the first year of implementation she met with, coached, and provided support to several organizations to develop proposals that aligned with the logic model. The process of developing proposals was often iterative, with exchanges of multiple drafts and refinements, as well as strong encouragement for partnerships and collaborative approaches to implementing specific projects. With “systems change and policy change” at the heart of the BHC initiative, many organizations had to adapt their direct services approach toward innovation and advocacy, look for opportunities to create new strategic partnerships, and integrate resident and youth involvement.

By the end of July 2011 TCE had allocated slightly more than \$3 million in year one and \$2.5 million in year two, to fund 27 initiatives, ranging from \$6,400 to \$350,000 per year for the first two years of the 10-year initiative. Altogether, 38¹ organizations and public agencies have received grant awards or are subcontractors/partners in collaborative endeavors. An annotated roster of the funded efforts is in Appendix A. Appendix B provides an illustration of how these grant initiatives reflect the priorities for change in the South Sacramento BHC logic model.

1.4 Expanded use of data from planning process to guide grantees

The BHC planning process combined *needs assessment* with *strategic planning*, to surface issues and priorities for the South Sacramento community. Data collection during the planning process relied on both existing secondary data sources, and the creation of new primary data collection tools. The needs assessment component of the planning process resurrected other recent needs assessment studies that addressed any of the 10 TCE priorities. It also included selective collection and analysis of community indicator data for specific issues by zip code whenever feasible (e.g., school attendance, delinquency, race/ethnicity). Though there are many data indicators of health and wellness, many were only

¹ Some organizations have received funding via more than one initiative, entering into strategic partnerships and other organizations

available at the county level, and could not provide data more reflective of the BHC target area, which approximates the areas in zip codes 95817, 95820, and 95824 primarily.

In addition to the existing secondary and indicator data, the BHC created variety of ways to collect primary data throughout the planning process. There were focus group discussions (e.g., learning communities), direct surveys including door-to-door neighborhood- and school-based approaches, and a final vetting with several resident group meetings toward the end of the planning process. A combination of qualitative and quantitative data informed the priority setting in each of the work groups, as well as the targets for change as defined by the South Sacramento community.

Finally, BHC supporters and organizational partners learned about www.healthycity.org, a TCE-funded source of data that provided access to numerous data indicators throughout the planning process. This website has complemented the data collection and analysis of the planning phase. One of the grantees, the Community Services Planning Council, has also been adding to the data sets that populate the web-based data resource, and is providing technical support to grantees who want to use that form of the data. Additional data will be collected and analyzed throughout implementation, tailored to represent some of the funded grants and their specific goals, objectives, and outcomes.

The following sections of this report expand on the three primary activities of year one, and conclude with a summary of resident and youth involvement or engagement as reported by the grantees. The report concludes with observations, reflections, and projections for year two.

1.5 Communications and Marketing



Though the BHC Steering Committee created a logo that was widely used during the planning process, the new implementation phase included funding from TCE for communications and marketing, in recognition of the need to accelerate and optimize all forms of communication to increase resident awareness and recognition of BHC opportunities. Two local communications and marketing firms guided the Steering Committee through two meetings, to select icons for the new BHC logo and a new color scheme. Uptown Studios and 3fold Communications presented concepts and samples at the December meeting, and the BHC Steering Committee selected

the new logo at the January meeting, as shown in Figure 2 below.

The BHC Hub staff are maintaining the CalConnect website as a primary venue for logging and finding documents, pictures, and announcements related to The Hub and its partners in the BHC initiative. Some of the individual grantees are also media resources, and will reinforce the use of social media to promote the BHC initiative. The logo will provide the Hub with a visual tool for branding and creating a consistent image associated with the initiative. Media consultants also plan for another website and expansion of social media use. The logo has figured prominently at quarterly Hub meetings in the community.

SECTION 2: BHC HUB STRUCTURE AND PROCESS

To facilitate the transition from planning to implementation, the BHC Steering Committee continued to meet beyond the submission of the logic model and plan to TCE. Following a brief hiatus the Committee resumed monthly meetings in April, May, June, July and August in part, to complete work that began at the February retreat, and to insure continuity between the planning and implementation phases of the BHC initiative. The April meeting presented tasks that needed to occur in preparation for the implementation phase, including the new organizational structure, selection processes for staff and the new BHC Steering Committee, and ways to engage more residents and youth; the May meeting included a presentation from the ad hoc Nomination/Election Committee on the proposed process and selection of TCE-defined categories. The first meeting of the Hub was scheduled for July 12, 2010, at which time all attendees voted on the proposed slate of new BHC Steering Committee members. The new Steering Committee met for the first time in September 2010.

2.1 Selection process for Steering Committee

The transition from planning to implementation began with three key changes in the leadership and structure of the BHC Initiative. This included hiring the creation of a two-tiered approach to community engagement, a formal Steering Committee and an informal HUB to provide a community-based forum for learning about and participating in the BHC. In addition to the two-tiered approach, the other structural change was the recruitment and hiring of staff for the HUB. The original Steering Committee remained active until these changes were in place, between March and August 2010. The Steering Committee guided decisions related to staffing and structure, advanced the creation of a two-tiered approach to community engagement, and developed the guidelines and an ad hoc committee to solicit applications, review, and select members for the new Steering Committee.

TCE required that the BHC Steering Committee include representation from key sectors, as well as residents, and youth representing the target area. The required sectors were: public health, education, city government, and county government. The 6-member volunteer ad hoc committee began its work in March 2010, developing an application packet, as well as a plan and timeline for the new selection process. They disseminated the application via the CalConnect website for South Sacramento BHC, and via direct email to over 300 individuals, with applications in Spanish, Vietnamese, and Hmong. The application process began on May 10, 2010 and closed by June 28, 2010, allowing for 33 applications to be submitted to fill up to 23 slots. The target for diversity for the new BHC Steering Committee was to get representation as follows:

- 8 local residents
- 2 youth (20 or younger)
- 1 senior (60 or older)
- 1 legal services representative
- 1 business representative
- 1 community based organization representative
- 1 land use organization representative
- 1 City government representative (required by TCE)
- 1 County government representative (required by TCE)
- 1 SCUSD representative (required by TCE)
- 1 County Public Health representative (required by TCE)

The ad hoc committee presented a roster of 19 new Steering Committee candidates and the attendees of the July meeting approved the recommendations by majority vote. The new BHC Steering Committee met for the first time on September 13, 2010, where the past co-chairs guided the new Steering Committee members through a review of the BHC Vision, Core Values, Roles and Responsibilities, the Bylaws, and engaged in a team building exercise. The group selected new co-chairs and established the regular monthly meeting schedule for the new BHC Steering Committee (2nd Monday of each month), with plans for quarterly meetings of the BHC Hub.



To conclude the changes in leadership for the implementation phase, TCE and Asian Resources, Inc. agreed to extend the contract with Asian Resources, Inc. The agency provided competent and qualified leadership throughout the planning phase, and was ready to transition into implementation. Asian Resources hired Kim Williams as the Hub Manager and Alberto Mercado as the Hub Coordinator. Both Ms. Williams and Mr. Mercado had participated actively in the BHC planning process. After Ms. Williams left her position as Director of the Boys & Girls' Club of Greater Sacramento, she took the position at Asian Resources, and Mr. Mercado had

served on the original Steering Committee as a resident representative. These two key staff had been active participants through the planning process.

2.2 Composition of BHC HUB Steering Committee members

The composition of the BHC HUB Steering Committee was guided in part by TCE requirements to include representation from public health, education, city and county government. The table below provides a roster of the Steering Committee approved by September 1, 2010.

Table 1 – BHC Steering Committee Members

Name	Organization or Sector	Representing
Bender, Emily	Sacramento Mutual Housing Association	CBO
Cabral, Rose	Resident	Resident
Dworkis, Bobbe	Sacramento County Parks & Recreation	County government
Flores-Santoyo, Erica	Resident	Resident
Gutierrez, Brenda	Youth resident	Youth
Gutierrez, Francisco	Resident	Resident
Gutierrez, Nancy	Youth resident	Youth
Johnson, Terrence	Oak Park Business Association	Business
<i>Jones, Vincene</i>	<i>City of Sacramento, Neighborhood Services</i>	<i>City government</i>
Kronick, Barbara	Sacramento City Unified School District	Education
McCullough, Aisha	Resident	Resident
Minnick, Michael	Resident	Resident
Orozco, Irvis	Resident	Resident
<i>Sala, Asael</i>	<i>Resident</i>	<i>Resident</i>
Saffold, Sharon	Department of Health and Human Services	County Public Health
Slider, Constance	CORE	Land Use
<i>Smith, Daveetra</i>	<i>Resident</i>	<i>Resident</i>
Vang, Dolly	Resident	Youth
Williams, Amy	Legal Services of Northern California	Legal Services
Wimberly, Kris	City of Sacramento, Neighborhood Services	City government

The three individuals shown in *italics* are no longer serving on the BHC Steering Committee; those in **bold** print are new members since July 2011.

By the end of the first year, there had been a few changes to this roster as a function of shifting responsibilities or acknowledgement of competing demands on time. The newest members are also familiar with the BHC, having participated in the planning process.

Among the members of the new BHC Steering Committee 10 were residents, two of whom were also youth. This composition also met the TCE requirement for representation from education, public health, city government, and county government. At least half of these members had participated in the BHC planning process; a few were relatively new to the BHC.

The BHC Steering Committee identified core tasks for the first year of implementation, to include the following:

- Develop a communications plan
- Revise the BHC Bylaws
- Revisit the organizational structure, the work groups from the planning process
- Create a process for allocating resources via mini-grants

All of these tasks were addressed and completed in Year One, as described throughout this report. In addition, the Steering Committee created three subcommittees as a byproduct of their Retreat in April 2011. These subcommittees addressed areas that the Steering Committee identified as core needs and focus areas for the evolving Hub development, with emphasis on outreach, resident engagement, and communications.

2.3 Committees & Work Groups (transition from Planning to Implementation)

In addition to the Steering Committee, there were three Work Groups (Table 2) that contributed to the development of the logic model and identification of priorities for the South Sacramento BHC initiative. The work groups selected TCE outcome priorities, as follows:

- Health Access Work Group: Priority Outcome 2, Families have improved access to a health home that supports healthy behaviors.
- Community Infrastructure and Assets Work Group: Priority Outcomes 4, Residents live in communities with health-promoting land-use, transportation, and community development; and Priority Outcome 8, Community health improvements are linked to economic development.
- Youth Development Work Group: Priority Outcome 6, *Communities support healthy youth development.*
- Priority Outcome 10, *California has a shared vision of community health,* was among those selected by this BHC Steering Committee, allowing for leadership development and capacity building that transcends all proposed and actual BHC activities.

At the BHC retreat in February 2010 there was considerable discussion about the organizational structure of the initiative as it transitioned from planning to implementation. In addition to the respective roles of the Steering Committee and the Hub, the future of the three work groups was discussed. The details regarding the future functions of the work groups were deferred to the new BHC Steering Committee, to be addressed during the first year of implementation.

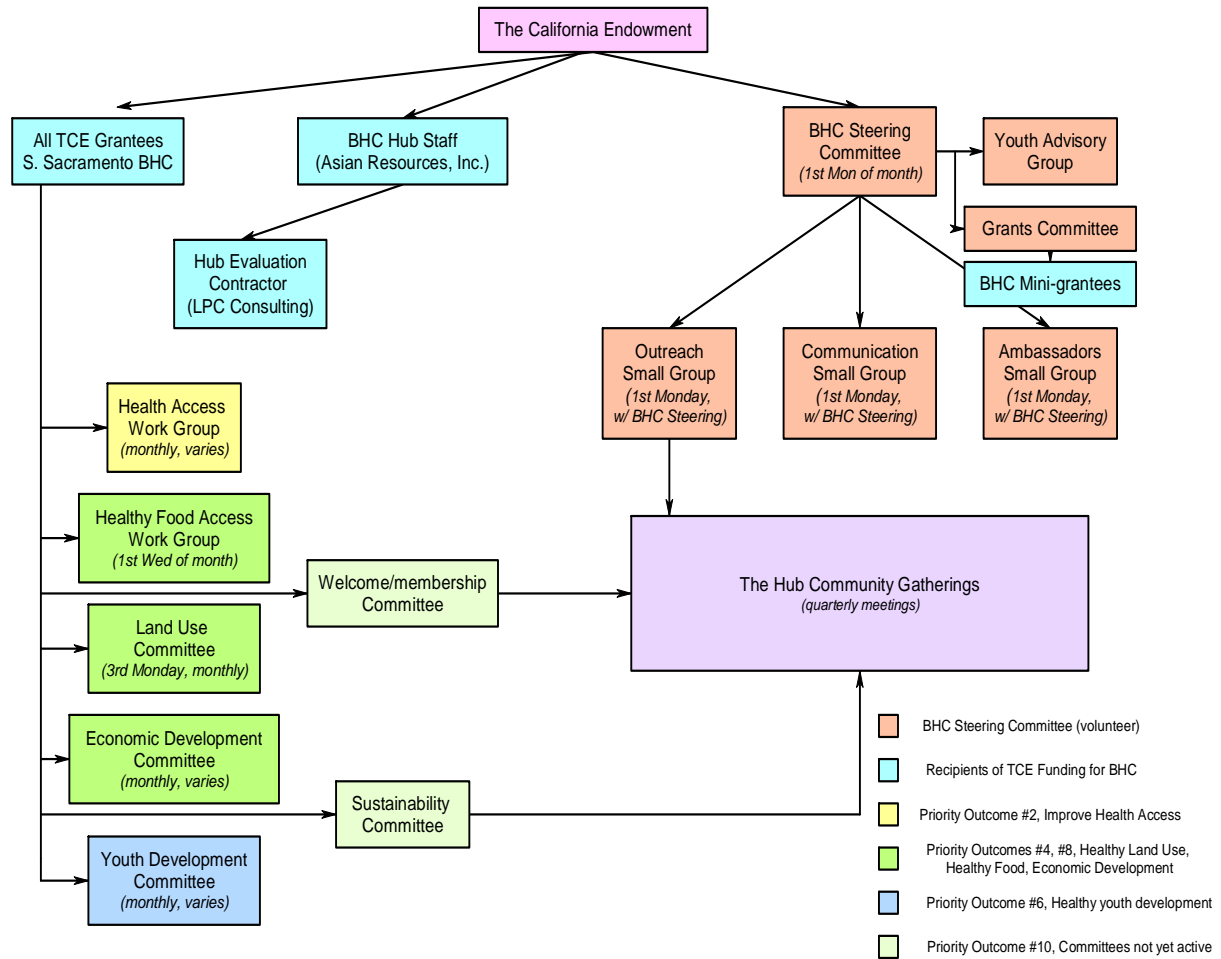
Once the new BHC Steering Committee convened in September 2010, they began to review the organizational structure of the BHC Hub. They recommended the following committees/work groups be revived or added, to support the implementation of the 10 year initiative. At the second BHC Steering Committee meeting, October 13th, staff presented an annotated roster of the BHC Work Groups and Committees, as follows:

Table 2 - Organizational Structure of the BHC Steering Committee

BHC Work Groups: Planning (past)	BHC Committees: Implementation (present)
Health Access Work Group	Health Access Work Group: All children will have health coverage (Priority Outcome 1); Families have improved access to a health home that supports healthy behaviors; Health and family-focused human services shift resources toward prevention (Priority Outcome 3); Result areas 3 (provide a health home for all children) and 2 (reverse the childhood obesity epidemic). <i>Meeting monthly since May 2011.</i>
Community Infrastructure and Assets (CIA) Work Group	<p>Healthy Food Access Committee: Residents live in communities with health-promoting land use, transportation, and community development (Priority Outcome 4); Neighborhood and school environments support improved health and healthy behaviors (Priority Outcome 7). <i>Meets 1st Wed at Food Bank</i></p> <p>Land Use Committee: Residents live in communities with health-promoting land use, transportation, and community development (Priority Outcome 4).</p> <p>Economic Development Committee: Community health improvements are linked to economic development (Priority Outcome 8). <i>Leaders from two business associations are meeting monthly.</i></p>
Youth Development Work Group	Youth Development Committee: Children and families are safe from violence in their homes and neighborhoods (Priority Outcome 5); Communities support healthy youth development (Priority Outcome 6); Health gaps for young men and boys of color are narrowed (Priority Outcome 9); Result Areas 1 (reduce youth violence) and 4 (increase school attendance). <i>Various meetings, no established schedule yet</i>
	Grants Committee (ad hoc, Steering Committee): This committee will be responsible for developing and following a set of guidelines to determine how the community grant funds will be awarded and make recommendations to the BHC Steering Committee. <i>Created application and selection process and completed two rounds of funding awards in 2011.</i>
Resident Engagement	Welcome/Membership Committee: This committee will serve as the “welcome wagon” for anyone new to the BHC. They will provide orientation for newcomers and work to create a welcome BHC space for all members of the community.
	Sustainability Committee: The purpose of this Committee is to determine the resources required to sustain support for the BHC initiative for the 10 year implementation period. This will include at a minimum determining, what structure and representation will best serve the initiative? What in-kind resources are available? What funding resources are available? What will be the key elements of sustaining the momentum developed during planning?

Figure 1 presents a view of the organizational structure for the first year of implementation for the South Sacramento BHC. (This view is based on the perspective of the evaluation contractor, since many of the subdivisions shown were not known at the time of the final planning retreat.) The input from the participants at the final retreat for the planning process was to depart from a hierarchical structure, and to put the Hub at the center of a series of concentric circles. Though the rendition in Figure 1 does not truly depart from a “top-down” structure, it reflects layers and relationships, with the Hub shown as the most prominent component, into which all work of the BHC does.

Figure 1 - Organizational Structure of South Sacramento BHC Initiative, Year One



The key changes in organizational structure from the planning process to the implementation process include the addition of committees to welcome folks who are new to the BHC, the grants committee for the allocation of mini-grant funding, and the sustainability committee for expanding resources and assets available to the BHC. The other notable change was breaking out 3 committees from the CIA Work Group, to facilitate focus and a more limited scope for the new committees.

By the summer of 2011 the original three Work Groups had all begun to meet again, providing a forum for communication and collaboration among TCE grantees. Meeting schedules continue to evolve as co-chairs for the work groups “step up” and more grants are awarded. The current core work groups are Health Access, Healthy Food Access, Land Use, Economic Development, and Youth Development.

2.4 Youth Engagement: Year One

“Youth engagement” has been a consistent theme for the South Sacramento BHC, from the onset of the planning phase through the transition to implementation. Though there has been an intermittent youth presence from the beginning, sustained youth involvement has remained a more elusive. Among one of the priorities for building a new BHC Steering Committee was the deliberate inclusion of at least two

resident youth (up to age 24), in recognition of the important role they will play over the 10 year BHC Initiative. There are currently three youth participating on the BHC Steering Committee.

There has never been any doubt that the youth of the community are critical to the success of BHC; youth are both the beneficiaries of, and direct heirs to, the changes in the target community. Generally speaking, resident engagement is the direct measure of BHC success, and youth involvement, participation, and buy-in will insure that priorities for change are implemented and sustained.

The standard fare of participation through committee meetings has limited appeal and interest to most youth. Furthermore, meeting schedules often conflict with school and work schedules for youth. And there is the dilemma about “youth voice” at a table of adults vs. youth voice as an autonomous committee or advisory group. As a byproduct of the BHC retreat in March 2010, there was a recommendation to insure youth voice on the BHC Steering Committee, and to defer to youth to determine ways they would like to participate.

As the BHC Steering Committee was developing its processes and structure in the fall of 2010, a small group of youth and one of the youth BHC Steering Committee members began to address the issue of youth involvement. Between September and December drafted a “Youth Engagement Plan.” In January 2011 they presented the plan, which was approved by the BHC Steering Committee. The “South Sacramento BHC, Youth Leadership Hub” document included the following:

- A statement of purpose: to provide a youth voice and connection with the Hub;
- A description of the relationship with the South Sacramento BHC Hub;
- Membership Goals: to include 6-10 youth, with diversity of South Sacramento represented; may serve up to 5 years, or til age 26;
- Roles and Responsibilities: to solicit and submit youth views and perspectives to the Hub;
- Meetings: monthly, with standards for decisions and structure;
- Insurance requirements: Aligned with Asian Resources, Inc. as BHC Hub fiscal agent; and
- Parental permission to participate in BHC Video Project.

A small group of four youth (including one member of the BHC Steering Committee) participated in regional and statewide youth convenings hosted by TCE for the BHC communities. They attended these multi-day convenings in Richmond and Sacramento, where they learned from each other and from presenters and group exercises. They learned about community organizing, how to counteract oppression, understanding the cycle of violence, and how to address community issues that were important to youth.

At the end of year one, the youth of the BHC Steering Committee are seeking others to serve on the Youth Steering Committee, which will provide a venue for regular and consistent youth input for the BHC Initiative. Applications are in circulation and the review and selection process will occur early in year two. In addition, there are seven new AmeriCorps positions linked to various BHC grantees which began their terms of service in September 2011.

Fortunately the first year of BHC implementation has included the launch of 27 specific initiatives, expanding the options for youth involvement. Several BHC grantees have included “youth engagement” or “youth involvement” in their work plans, with activities ranging from residential garden builds to letter writing campaigns to elected officials. Grantees are finding youth, recruiting them to participate in numerous strategies, and developing partnerships with youth to solicit their input, creativity, and

energy. There are also several training opportunities for youth that are integral for the BHC grants, or which are provided for youth at large.

The evaluation of year two will provide grantees with ways to track and measure youth involvement more systematically, now that the range of options has expanded and become more diverse. The first step is to identify all of the grantee opportunities for youth from grantee work plans, to ascertain the range of options, and then to describe and document how many youth are involved and at what level. For now, the measure of youth involvement is anecdotal, beginning with the development of a Youth Steering Committee, the companion to the BHC Steering Committee and the visible presence of youth in the Hub infrastructure. The newly implemented AmeriCorps component will also be a highly visible marker of youth involvement, and provide a point of connection with more youth in the BHC target area. The following examples illustrate other ways that youth have been involved with newly funded BHC grants:



“Get Fit” campaign: In a partnership between The California Endowment, Sacramento City Unified School District (SCUSD) and the Sacramento Kings professional basketball team, students in 5th, 7th, and 9th grades in the target area participated in numerous activities designed to increase physical activity and reinforce healthy lifestyles. The program emphasized structured minimum daily physical activity, improved equipment and resources for student activities, and introduced a fitness testing tool, the *FITNESSGRAM*[®], to assess six specific areas. Students are participating in several fitness activities, including regular structured exercise, dance, basketball, and track. As of June 2011 115 students achieved the target fitness goals, 100 participated in the basketball clinic, and 60 students performed a dance routine prior to a Kings basketball game. This program engaged youth as *active participants* in a set of activities designed to promote an reward healthy, active, lifestyles.



Residential Garden Builds, Food Gleaning, and Cooking Demonstrations: Ubuntu Green and Soil Born Farms have recruited and trained 12 youth to build and install residential gardens, provide cooking demonstrations at the Farmer’s Market, and to harvest produce through gleaning. These youth have built 15 gardens and are supporting a variety of activities related to Access to Healthy Food in the target area. Another 10 youth are supporting healthy food initiatives on campus at Hiram Johnson High School, through Fresh Producers. These youth activities are employing youth as *providers*, as participants in the efforts to change their community.

Youth Block Report Project: In partnership with the Sacramento City Unified School, People Reaching Out and its contract partners have trained and managed 15 middle school and 30 high school students to document and describe issues in two neighborhoods of the target area. Through a combination of walk audits, photo documentation, videotaping, and narrative story telling these youth identified trouble spots in their neighborhoods. They concluded the 6-week “Summer of Service” program with photographs on postcards they mailed to their elected City Council representatives. These youth became more astute observers of their community environment, and emerged as *advocates* with a civic voice.

Youth engagement and youth involvement will continue to expand and develop in year two. It will consist of a range of options, representing levels corresponding to youth as beneficiaries, youth as active partners, and youth as change agents.

2.5 South Sacramento Hub Staffing and Support Services

The California Endowment and Asian Resources, Inc. agreed that Asian Resources would continue as the lead agency as the BHC Initiative transitioned from planning to implementation. Given the additional responsibilities for the implementation phase, Asian Resources hired two new staff to manage and coordinate the Hub. Kim Williams is serving as the Hub Manager and Alberto Mercado is the Coordinator. Together they will serve as the clearinghouse for all information about and for the BHC Steering Committee, the Hub gatherings, committee and work group meetings, media and communications, and oversight for the mini-grants. In addition, Asian Resources entered into contracts with outside consultants to develop a communications plan and media resources, as well as an ongoing evaluation of the Hub process and outcomes.

Both Ms. Williams and Mr. Mercado participated in the BHC planning process prior to becoming staff to the Hub. Ms. Williams left her position as the director of the Boys & Girls' Club of Greater Sacramento to become the Program Manager for the BHC Hub. Her organization had hosted all BHC Steering Committee meetings throughout the planning process, and she co-chaired the original Steering Committee. Mr. Mercado is a resident of the BHC target area. He attended all BHC planning meetings and participated in data collection, special events, and other BHC activities. Together the new staff brought both familiarity with the BHC and the commitment to serve the target community.

In addition, Asian Resources, Inc. has continued to provide considerable support for the Hub. With a capacity for translation in multiple languages, the agency is working in close partnership with other TCE grantees to insure printed materials and community meetings have adequate translation support. Primarily the languages represented include Spanish, Hmong, Vietnamese, and Mien.

Asian Resources contracted with Uptown Studios for a communications plan and to develop promotional materials to use in outreach and community engagement. During the first year of implementation Uptown created a new logo, and developed a new website for the South Sacramento BHC. 3fold Communications assisted with developing a communications plan for the BHC.

Asian Resources also contracted with LPC Consulting Associates, Inc. to provide ongoing evaluation support to the Hub. LPC's role will be to document and describe the transition from planning to implementation, to track selected milestones and accomplishments for implementation, and to provide access to existing data from the needs assessment and planning phase. In addition, LPC staff will be providing direct evaluation support to selected TCE grantees. Finally, LPC has logged all TCE grantees into a spreadsheet and illustrated linkages with the original logic model and the selected priority outcomes, change strategies, and targets for change.

2.6 BHC Steering Committee Meetings

The BHC Steering Committee entered a new phase of the Building Healthy Communities evolution in September 2010 when it convened for the first time. With newly selected members, this Steering Committee was more heavily represented than its predecessor, with residents and youth who live in the South Sacramento target area. Based on decisions made at the BHC Retreat that marked the close of the planning phase of the BHC, the new Steering Committee membership would have equal representation from residents and organizations and agencies. These new members met in mid-September for an orientation to the BHC, and held their first official meeting as a Steering Committee with new co-chairs at the end of September.



The matrix on the next few pages provides an overview of each BHC Steering Committee meeting, with dates, attendance, primary agenda items, and action items throughout year one. There were 11 meetings between September 1, 2010 and August 30, 2011, with an average attendance of 11 members. The size of the Steering Committee has ranged from 16 to 19 (with some vacancies), so the average attendance rate has ranged from 56 to 84 percent.

Table 3 - South Sacramento BHC Steering Committee Meetings, Year One

Date	# Present	Agenda Items	Action Items
9/13/10	16	Introduction of new BHC Steering Committee Orientation: Vision, Core values, Roles & Responsibilities, and Bylaws	Selection of BHC Steering Committee co-chairs (Constance Slider, Francisco Gutierrez)
9/27/10	14	Discussion of and revisions to the Hub Bylaws	Use modified Roberts Rules No proxy voting 2-year terms Ground rules Meetings monthly on 1 st Wed; Hub meetings 3 rd Wed each quarter (Jan, April, July, Oct)
10/13/10	12	Presentation from SACOG, upcoming transportation workshops Reviewed changes to Hub Bylaws LPC presented Logic Model for BHC Hub Discussion of use of discretionary funds (\$12,500 total for year)	Created Ad Hoc grant committee
11/1/10	9	Report on TCE Convening Introduction of media consultants Discussion about resident engagement Suggestion to have Steering Committee retreat before April Hub meeting Draft MOU Presentation of 4 Hub logo designs Mini-grant committee status report Announcements: 11/5/10, CORE Summit City Manager Academy, closing applications City redistricting process 12/14/10 Council member Serna swearing in celebration 12/8/10 Vietnamese Chamber mixer 12/15/10 CORE mixer 11/17/11 First Hub Gathering 11/5/10 CORE Summit	No action items
12/6/10	7	Reflections on first Hub meeting, and planning for Hub Gathering, 1/19/11 Discussion of Logo Design Work group assignments Mini-grant committee status report Announcements: Closing for City Manager Academy City beginning redistricting process	No action items

Date	# Present	Agenda Items	Action Items
		12/14/10 Supervisor Serna swearing in 12/8/10 Vietnamese Chamber mixer, Happy Garden Restaurant 12/15/10 CORE mixer, at Celestine's and Mulvaney's, starting at 4pm	
1/3/11	10	Overview of Hub mini-grant application process Kaboom Project opportunity, community park revitalization Hub logo Work Group sign-up Review of Hub meeting structure, process	Final selection of Hub logo
2/7/11	12	Kaboom Project opportunity Youth Engagement Plan, with Q&A Presentation on homelessness, Steering Committee requested more information Communications/PR plan presentation from 3 fold Communications Hub meeting recap (1/11) Access Sacramento request for BHC to endorse Youth Media Forum for Social Change Announcements: 2/19/11 Hub will exhibit at Sacramento Observer Health Fair 3/12/11 Party at Coloma Community Center 3/26/11 Steering Committee retreat	Voted to submit Pacific Park as candidate for Kaboom Project Adopted Youth Engagement Plan Approved endorsement of media forum, <i>Youth as Change Agents</i> , by Access Sacramento cable network
3/14/11	9	Retreat Update Anti-Systemic Race Training Overview (3/3/11, Dr. Jesse Mills) Youth Convening Update Discretionary Mini-Grant Fund Update Work Group Update Grantee Presentation: Nonprofit Resource Center, Capacity Building for 10 BHC organizations Public Comments: None Announcements: 4/14/11, Career Day	Approved request for UCD student to attend BHC Retreat, April 2011
5/2/11	11	Retreat overview Valley Vision project Introduction Revised bylaws (absenteeism) Hub Gathering feedback, suggestions	No action items

Date	# Present	Agenda Items	Action Items
		Announcements: Community Health Navigator meeting 5/27/11 Oak Park Neighborhood Assn event CORE Boards and Commissions candidate outreach 5/27/11 S. Sac Coalition Talent Show at Hiram Johnson High School	
6/6/11	12	Steering Committee replacements Youth Convening Update Small group updates from BHC Retreat Challenge Day data presentation Capacity Building grants update Valley Vision presentation on “how to make collaborations work” Announcements: 6/7/11 UCD Architecture student presentation 6/13/11 CORE training on “how are healthy communities created?”	No action items
7/11/11	10	Youth Update: Report on Statewide BHC Convening Discussion of Hub Gathering location Retreat Small Group Updates (Communication, Ambassadors, Outreach) Work Group Updates (Health Access, Food Access, Land Use, Youth Development, Economic Development, Resident Engagement) Hub Discretionary Grants vote Public Comments: None Announcements: None	Approved funding for mini-grants, totaling \$9,100 (round 1)
8/1/11	12	Hub Web Site Reveal: presentation from media consultant team Small Group Breakout (Communications, Ambassadors, Outreach) Retreat Small Group Breakout report out Discussion on role of Committees: (Health Access Work Group; Land Use Work Group; Youth Development Work Group; Economic Development Work Group; Resident Engagement Work Group; Hub Discretionary Grants Work Group) Announcements: 8/13/11 “Will you get run over by public transportation?”, 9am-3pm, Sierra II 8/26/11 La Familia, informational work shop	No action items

2.7 The Steering Committee Retreat(s) and Other Capacity Building Opportunities

Capacity building is at the heart and soul of the BHC Initiative, among the organizations leading the way to systems change with newly funded grants and with all partners and stakeholders who have an interest in promoting the same goals as TCE. Among the most prominent capacity building opportunities in year one were a retreat for the BHC Steering Committee; a convening of BHC grantee representatives at the Los Angeles office of TCE; a presentation and workshop on systemic racism; and a convening among youth engaged in BHC Initiatives statewide. In addition, students from the UC Davis Landscape Architecture Program presented several preliminary plans and ideas for improving the appearance and use of space in the target area. While there were many additional capacity building activities and events throughout the year, the following examples illustrate how TCE resources have advanced the local capacity to implement the BHC Initiative.

BHC Steering Committee Retreat: The BHC Steering Committee formed in the fall of 2010, following the hiring of the Hub Director and the initiation of TCE grant making for South Sacramento. The initial tasks of the Steering Committee focused on adapting the bylaws to the new functions of the Steering Committee, and creating a process for the mini-grant funding allocations. Having achieved these two objectives, the BHC Steering Committee scheduled its first annual retreat (aka Advancement Meeting) for April 2011. The purpose of the retreat was to engage in team building, goal setting, creating a vision for the BHC Hub, and determining the role of the Steering Committee in support of implementation.

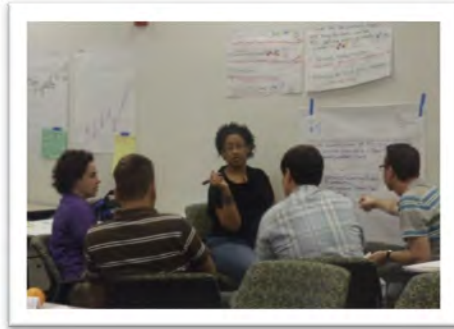
The Retreat occurred on Saturday, April 2, 2011, from 9am-3pm, at the UCD Medical Center, Conference Room (Facilitated by Adele James). The retreat agenda included: Team Building, Roles & Responsibilities, Using Social Media, Operational Procedures, and an examination of Strategic Goals. Following a powerful team building process, the brainstorming exercises addressed the following questions:

1. **What do you hope the BHC will accomplish during your tenure?**
2. **What potential value does the Steering Committee add, if any, to the BHC Initiative?**

As a result of the brainstorming exercises, the BHC Steering Committee created three (3) ad hoc small groups. The focus for all three small groups was to engage the community at large, to create a space for community voice, to use creativity and enthusiasm to garner additional involvement from residents and youth, and to advance the BHC Initiative via transparency, effective outreach and communications, and sustainability.

Following the BHC Steering Committee Retreat, the small groups aimed to meet on their own and to bring their work back to the full BHC Steering Committee. Though one group met after the Retreat, the Steering Committee members agreed to use monthly Steering Committee meetings to address the work of the small groups with greater regularity and efficiency. These groups will differ from the BHC work groups, as they will focus on community engagement and developing an infrastructure that supports the BHC Initiative. In contrast, the topical Work Groups are convening around priority outcome areas for grantees, partners, and stakeholders to share information and optimize information and resources.

The small groups have defined their objectives (presented at August meeting) as follows:



- *Communications Group:* To optimize and use informal and formal communications to inform, share, clarify, and report out on BHC activities and accomplishments.
- *Ambassadors:* To represent the face of the BHC, to know what BHC is advancing to share with community in various ways.
- *Outreach Group:* To create opportunities for the community to participate in the Hub gatherings, to provide a forum for feedback from the neighborhoods. Aim to create common “elevator speech” to engage folks readily. Also, want to examine grantee progress to share with the community, and host an event other than the quarterly Hub gathering.

Other Capacity Building Opportunities

- October 27-28, 2010: TCE trip to LA for new Steering Committee members. Three members of the Steering Committee attended this meeting for representatives of the 14 BHC sites. The purpose of the meeting was to advance their understanding of the overall BHC plan and to provide opportunities for networking across sites, to build relationships within and among the BHC sites.
- March 3, 2011 (9am-3pm): Anti-Systemic Racism, by Dr. Jesse Mills (University of San Diego): Presentation from Dr. Mills, with exercises and exploration of examples of systemic racism in current national, state, and local BHC environment.





- Youth Regional Convening, Richmond, May 13-15, 2011: This 3-day convening started with a review of ways youth identify themselves, both by choice and by affiliation. They also examined youth oppression, and learned ways to organize against oppression. They engaged in exercises and activities that helped to identify solutions to community issues. A tour of the host community provided visible examples of environmental health and safety issues that are of central importance to one BHC community. Four youth from Sacramento attended this regional convening.
- “A Citizen’s Guide to South Sacramento” presentation by UC Davis Landscape Architecture students: Several students (17) and their professor presented their research on the history of migration to the South Sacramento neighborhoods, by racial/ethnic groups, followed by several proposals for improvements for land use and open spaces.

Training opportunities, convenings, and ongoing assessments will continue to provide opportunities for capacity building. In addition, TCE has funded a few initiatives with capacity building training and technical assistance to support collaboration (Valley Vision), organizational operations (Nonprofit Resource Center), and sustainability.

2.8 Bylaws and other formal structures

The new BHC Steering Committee began its work immediately by focusing on reviewing and revising the bylaws from their predecessors for the planning process. As early as the September 27th meeting, they discussed the use of Roberts Rules of Order to guide the meetings, voting quorum, proxy voting, terms of service, and ground rules. They created an ad hoc Bylaws Committee to take the input from discussion as they reviewed the details of the Bylaws and integrated changes. The key changes to the Bylaws included:

- Adapt the use of Roberts Rules of Order to meet the needs of each committee, including Steering and any and all subcommittees or work groups;
- Use the Brown Act guidelines;
- Decision making by vote, with simple majority rule;
- Conflict resolution by using “restorative circles;”

- No proxies for BHC Steering Committee membership (may send spokesperson alternative, but without voting privileges);
- 2-year term limits; and
- Ground rules for operations.

The BHC Bylaws were modified and approved at the regular monthly meeting, September 27, 2010 (see Attachment A). The Steering Committee officially approved the revised bylaws at the May 2011 meeting.

2.9 Quarterly Hub meetings (agendas, attendance, describe activities, events)

During the first year there were three Hub meetings to showcase the work of the BHC, to introduce residents of the community to various grantees and opportunities to participate in the BHC initiative and to celebrate cultural diversity, health promotion, and advocacy for change. Table 4 below provides a summary of each Hub gathering during year one.

Table 4 - Summary of Hub Gatherings for South Sacramento, Building Healthy Communities Initiative

	Hub #1 11/17/10	Hub #2 1/19/11	Hub #3 4/20/11	Hub #4 7/20/11
Time	6-8pm	6-8pm	6-8pm	6-8pm
Location	Fruitridge Community Center, 4000 Fruitridge Road, 95820	Fruitridge Community Center, 4000 Fruitridge Road, 95820	Fruitridge Community Center, 4000 Fruitridge Road, 95820	Serna Center 5735 47 th Avenue, 95824
Attendance (estimated)	75	60	50	55
Child care (#children)	1	8	6	11
Translation assistance		Spanish, Hmong, Mien, Vietnamese	Spanish, Hmong, Mien, Vietnamese	Spanish, Hmong, Mien, Vietnamese
Exhibitors/Presentations	BHC Overview Grantee presentations	Grantee exhibits & presentations (Ubuntu Green, The Effort, Pesticide Watch, SCUSD, Legal Services) Youth performance	Grantee highlights: Soil Born Farms Neighbor Works Harm Reduction Services Cover the Kids Capital Dev't CORE Legal Services	Grantee highlights: La Familia Community Services Planning Council, Panacea, People Reaching Out, SCUSD, Legal Services
Program features	Video of Sacramento Games	Raffles Interactive games Drum Circle	BHC Video Raffles Interactive games Dance Central Arts & crafts	BHC Video Raffles Interactive games Dance Central Arts & crafts
Refreshments	Grilled chicken, salad, veggies, water	SE Asian salad, Fresh fruit, water	Chicken burritos, salad, water	Salads, bread, fruit, water



SECTION 3: GRANT MAKING FROM TCE

Once the South Sacramento BHC completed its planning process and submitted the logic model with five priority outcomes to TCE, the transition from planning to implementation began. During the first year of implementation the TCE Project Officer reviewed numerous proposals and granted funding to several organizations and collaborative partnerships to implement strategies that would advance the five priority outcomes identified in South Sacramento's plan. Throughout Year One she worked with various prospective applicants to discuss their proposed ideas, to hone and refine the proposed strategies, and insured that the proposals both reflected the priorities identified during the planning process AND the priorities of TCE for systems level change. The grant application process was iterative, with considerable coaching from the TCE Project Officer, revisions and refinements from the prospective grant applicants. Between August 1, 2010 and July 31, 2011 TCE awarded \$2.94 million in funding to support 27 programs and activities (see Attachment B for detailed grantee list). The funding awards were for one- and two-year budgets, ranging from \$13,000 to \$420,000 per year.

3.1 TCE Grantees and Programs to Address Selected Priority Outcomes

The first funding award was to support the Hub, with a two-year grant to Asian Resources, Inc. The Hub grant provides resources to manage and coordinate the BHC Steering Committee and Hub gatherings, to contract with media and evaluation consultants, and to staff the collaborative processes related to implementation. Asian Resources received its funding award on August 1, 2010. Additional grant awards followed beginning October 1, 2010 through July 31, 2011.

Tables 5 through 8 provide an overview of grant funded programs and projects by Priority Outcome area and Attachment C displays this in a graphic format. The South Sacramento BHC selected five Priority Outcomes during the planning phase of the BHC Initiative. The programs funded by TCE reflect the change strategies and targeted changes presented in the Logic Model submitted by the South Sacramento BHC to TCE in 2010.

3.1.1 Priority Outcome #2: Families have improved access to a health home that supports healthy behaviors

The Health Access Work Group aimed to optimize existing resources, improve coordination and networking across health systems, and align with changes forthcoming through healthcare reform at the national and state level. Disparities related to health access guided the planning process for the South Sacramento BHC. As a result, Priority Outcome #2 emerged as a byproduct of the following targets for change:

- Increased enrollment, retention, and use of health insurance;
- Increased referrals to primary care from ER/urgent care;
- Networked referral system with follow up and specialty services; and
- Increased linkages between residents and primary care providers

The South Sacramento BHC identified change strategies that “capitalize on existing partnerships to create a coordinated and seamless system, and to expand networking among clinics, primary care providers, hospitals, and health care systems “ and “expand venues and existing capacity for access to a health home for all residents; strategically target residents without a health home.” These strategies emerged through the selection of programs for funding, and the partners and organizations selected to

guide these changes. For example, The Effort stepped in to “back fill” the loss of a clinic in Oak Park, and introduced additional specialty services related to mental health and substance abuse treatment; Smile for the Kids will advance linkages with dental care for children. The Capital Community Health Network will be targeting outreach and enrollment for health coverage with populations currently underrepresented due to cultural and language barriers. Cover the Kids will expand its outreach to enroll more families with children in health care. Legal Services will address systemic and institutional barriers, and Harm Reduction Services will engage the most challenging populations in primary care to offset overreliance on emergency room care as the first choice. And SCUSD will open the Connect Center as a one-stop resource for children and families served in their schools, featuring health care enrollment and links to other support services.

Table 5 - Priority Outcome #2: Families have improved access to a health home that supports healthy behaviors

Program Description	Grantee(s)
Provide healthcare in the Oak Park Community Health Center.	The Effort, Inc.: Oak Park Community Clinic
Streamline enrollment for healthcare and other social services.	Cover the Kids, Sacramento Children’s Health Initiative (City of Sacramento)
Assist residents on legal issues, including access to health care, housing, income stability, education, and food.	Legal Services of Northern California
Assist and educate community members on accessing health and dental care and basic needs.	Harm Reduction Services
Support and connect families to health and human services through the Connect Center.	Sacramento City Unified School District
Advance culturally appropriate healthcare by recruiting community volunteers to help residents navigate the system.	Capital Community Health Network (aka Sacramento Community Clinic Consortium, Inc.)
Promote dental health, provide dental screenings and treatment, and enroll children in the Smile for Kids Program.	Sacramento District Dental Foundation: Smile for Kids Program

3.1.2 Priority Outcomes #4 and #8: Residents live in communities with health-promoting land-use, transportation and community development, and Community health improvements are linked to economic development

The Community Infrastructure and Assets (CIA) Work Group identified numerous areas of interest and need, and organized community forums to address five core areas. Out of these forums and from survey findings, the Work Group began to focus on improving access to healthy food (e.g., to address the existing “food desert” in the target area), healthy land use, and economic development opportunities. This Work Group identified the following targets for change:

- Local growers sell products from local distribution center;
- Collaboration to develop sustainable food system;
- Improved standards for development;
- Increased usable green space;
- Develop and support an edible city; and
- Unified economic development strategy with training and jobs for youth and adults.



Based on these targets, the South Sacramento BHC focused on three core strategies, “advocate for policies and systems to support improved access to healthy food; address economic development via expanded opportunities in ‘smart’ building, transportation, and land use;” and “improve the built environment via highest standards, with emphasis on mixed use and more green space for recreation and gardening.” As a result, TCE grants are supporting a combination of programs to promote changes in policy (e.g., barriers to urban gardening), to advance a systems and regional approach to improving access to

fresh food (Valley Vision), and several highly visible gardening and marketing of fresh produce and local products (Soil Born, Fresh Producers, Ubuntu Green, Alchemist, and Sacramento Food Bank) residential garden building, farm stands and farmer’s markets, fruit tree gleaning, store conversions, and youth engagement in various activities).

Not only will these programs advocate for and promote increased access to healthy food, they will bring fresh food into the target area, engage residents and youth in urban gardening, and develop advocates for changes in policies and practices that pose barriers (California Capital Development Corporation). In combination, these efforts provide numerous opportunities for economic development, with emphasis on youth stipends.

Table 6 - Priority Outcome #4: Residents live in communities with health-promoting land-use, transportation and community development; and Priority Outcome #8: Community health improvements are linked to economic development

Program Description	Grantee(s)
Develop Food Systems Collaborative - increase food access systems by implementing new or improved policies and programs protecting agricultural land and encouraging community-based farming.	Valley Vision
Provide local youth work experience by creating youth-run fresh produce delivery business.	Fresh Producers
Increase fresh food access: create food distribution hub for growers, develop a food box delivery program, offer cooking classes, harvest fruit from community fruit trees (Ubuntu Green and Sacramento Food Bank), build gardens (Ubuntu Green), and work with corner markets to offer fresh produce (Alchemist).	Soil Born Farms: Healthy Food For All (subcontractors: Ubuntu Green, Sacramento Food Bank, Alchemist)
Conduct trainings and create media attention to gain attention around fresh food access.	Pesticide Watch Education Fund
Engage community members in promoting and advocating for healthy land use.	California Capital: Healthy Land Use Engagement Project

3.1.3 Priority Outcomes #6 and #4: Communities support healthy youth development, and Residents live in communities with health-promoting land-use, transportation and community development

The Youth Development Work Group identified numerous problems and needs for the youth living in and attending school in (or adjacent to) the South Sacramento target area. Through a careful process of soliciting input and ranking priority needs, this work group arrived at the following targets for change:

- Increased sense of safety at school and in community;
- Promotion of awareness, self-confidence, and acceptance of youth culture and diversity;
- Improved youth and family social and emotional support services;
- Empowerment and preparation of youth for successful civic engagement;
- Preparation of youth for economic success in changing global economy; and
- Increased rate of graduation from high school.

With efforts designed to bring about these changes, the Youth Development Work Group felt that homes, schools, and neighborhoods would be safer for youth, that opportunities for positive youth development would be addressed, and that boys and men of color (Priority Outcome #7) would be impacted since those populations are over-represented in the target area. The change strategies included *“improving youth well-being by increasing physical and emotional health, and reducing risk for violence, bullying, harassment, with best and promising practices;”* and *“engaging youth in meaningful ways with school, community, and employment opportunities to ensure successful outcomes.”* Table ___ illustrates how these strategies have been funded, with emphasis on using schools as a platform for advancing school health (SCUSD), reducing bullying and violence via evidence-based curricula and direct interventions with specific populations (MHANC, SCUSD, PHI, La Familia), and providing new opportunities for leadership development and employment for marginalized youth (La Familia and SETA). Finally, grantees will also provide new opportunities for “youth voice” to be expressed in photography, videos, and art (People Reaching Out and Asian Resources).

Table 7 - Priority Outcome #6: Communities support healthy youth development; and Priority Outcome #4: Residents live in communities with health-promoting land-use, transportation and community development

Program Description	Grantee(s)
LGBTQ Youth Collaborative –recruit members to the LGBTQ Youth Collaborative to improve access to prevention-oriented services for LGBTQ youth and their families.	Mental Health America of Northern California (MHANC)
Decrease violence and bullying by training community members, students and staff.	Sacramento City Unified School District (SCUSD)
Promote daily structured activity in families and schools to decrease child obesity rates in children.	Sacramento City Unified School District (SCUSD)
Engage community members in a violence reduction strategy.	Public Health Institute (PHI): Safe Community Partnership
Recruit and train youth do digital storytelling about BHC initiatives.	People Reaching Out: Youth Block Reports

Program Description	Grantee(s)
Offer case management to high risk youth and engage youth in leadership activities, and conduct youth planned community workshops on violence, safety, and health issues.	La Familia Counseling Center, Inc.
Reduce violence through case management, employment, and educational opportunities and mentoring support.	Sacramento Employment Training Agency (SETA)
Engage youth in "Healthy Eating and Active Living through Art"	Asian Resources, Inc.



3.1.4 Priority Outcome #10: California has a Shared Vision of Community Health

For the South Sacramento BHC, Priority Outcome #10 “California has a Shared Vision of Community Health” emerged as a vehicle through which to build the capacity of residents, organizations, neighborhoods, and the entire community through a host of programs and activities that feature collaboration, advocacy and leadership development, and social equity. The programs and activities supported by TCE funding reflect the BHC’s emphasis on leadership development as a means of engaging residents and youth to sustain the work of the next ten years. These efforts will also optimize the adaptability of the BHC to advance change at the state and local level, to develop effective communication tools, and providing additional opportunities to engage residents and youth civically. The targets for change include:

- Expanded participation by community residents and youth for community organizing, advocacy, and civic engagement;
- Increased cultural competency, especially in health services and for youth focused services;
- Increased employment opportunities in the community;
- Expanded youth involvement and participation in community development and systems change;
- Increased use of data to inform decisions, identify needs, and monitor changes; and
- Increased integration and coordination of efforts across systems.

Though the programs funded in support of Priority Outcome #10 are related to building capacity and sustaining the BHC efforts over time, there are elements of capacity building in every grant funded for the preceding four priority outcome areas. The remaining programs listed in Table ___ below reflect strategies for change that are primarily focused on systems change via capacity building. The key strategies are to *“Implement leadership academy for residents and youth; provide opportunities for ongoing professional development to advance access to services and economic development in the community; integrate principles of youth development in the structure of the Hub, committees, and work groups, and community service learning projects; ongoing tracking of data trends at the community level, and by strategy;”* and *“develop an ongoing network (the Hub) for agencies, private community based organizations, residents, and youth to engage in strategy implementation.”* The following programs and activities will build capacity via training and technical support (Sacramento ACT, the Nonprofit Resource Center, and Asian Resources). At least one is designed to promote the use of data to inform decisions, planning, and advocacy (Community Services Planning Council). And the remainder promote community engagement via expanded use of the newest Farmers’s Market (in Oak Park) and to engage residents from various Southeast Asian (Hmong Women’s Heritage Association) and low income communities (Sacramento Housing Alliance) to participate in the Hub and other meetings where advocacy and planning occur.

Table 8 - Priority Outcome #10: California has a Shared Vision of Community Health

Program Description	Grantee(s)
Train residents and congregation leaders in organizing, advocacy, and developing local policy change, health care, youth violence, school attendance, and gambling.	Sacramento Area Congregations Together (ACT)
Increase representation of communities of color and low income communities on boards and commissions that promote land use.	Sacramento Housing Alliance
Create cutting edge data tools for the community to use in planning, organizing and advocating for social equity.	Community Services Planning Council
Strengthen BHC programs by increasing vendors and customers attending the local Farmer’s Market, providing information and health screenings at the Farmer’s Market, and providing opportunities for residents to share their home-grown produce.	Sacramento Neighborhood Housing Services
Recruit community leaders and residents to participate in meetings to create healthier communities.	Hmong Women’s Heritage Association: Hmong/Mein/Lao Community Action Network
Build organizational capacity for small CBOs by providing technical assistance on nonprofit management	Nonprofit Resource Center
Provide organizational and staff support to the Hub Collaborative for South Sacramento	Asian Resources, Inc.

In conclusion, among the 27 programs funded in year one (for 12 or 24 months) there are examples of all strategies outlined in the South Sacramento BHC Logic Model. Given the proposed activities and targeted outcomes, these strategies should culminate in the targeted changes that will result in the achievement of priority outcomes #2, #4, #6,#8, and #10. Because of the alignment of these strategies and targets for change, several grantees are working in close collaboration. Similarly, the revival of the core work groups has provided a forum to strengthen partnerships and alliances that support the priority outcomes. In the end, all efforts that engage residents and youth in a wide variety of ways will be the strongest testimony to both systems change and sustainable community health improvement. Attachment C includes a summary overview of all programs funded in year one, illustrating how they relate to both the priority outcomes and community indicators or findings from the community survey.

3.2 Mini-grants from BHC Steering Committee

As early as the first meeting of the BHC Steering Committee in September 2010, they began to address the “roll out” of mini-grants in year one. The total budget available for year one was \$12,500. The newly formed Grants Committee developed a simple application process and one-page form. They reviewed 18 applications that were solicited via email, targeted outreach, and word of mouth. The ad hoc committee presented the applications to the full BHC Steering Committee at the April meeting (round 1), followed by a second round in July (for year two).

The BHC Steering Committee awarded funds to the following organizations:

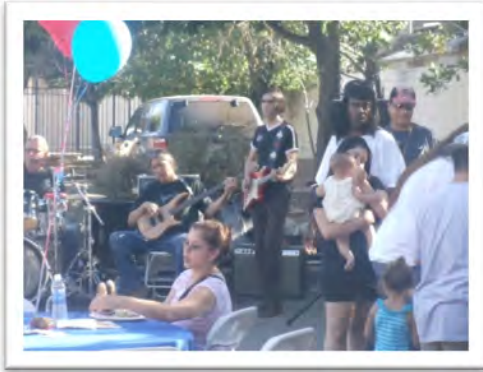
Table 9 - Recipients of BHC Mini-Grant Awards, Round 1 (2011)

Grantee	Proposed Activity	Funding Award
Always Knocking	Gang Prevention: To support a community wide Peace walk and resource fair in Oak Park	\$500
Oak Park Neighborhood Association	Community celebration	\$500
BEST (Building Empowerment Skills Today)	Youth Development: Teaching youth life and job skills through neighborhood beautification.	\$2,000
Sojourner Truth	The Arts: To create a Breast Cancer awareness mural.	\$500
Freedom Development Group	Health and Education: Support youth run farm stands at American Legion High School.	\$800
Jr. RISE	Life Skills: High School College Outreach program where youth will attend a rope Course.	\$800
Round 1, Total Grants Awarded		\$5,100

The funding awards for Round 1 totaled \$5,100, and ranged from \$500 to \$2,000. The funding awards for Round 2 totaled \$9,100 with the same range, from \$500 to \$2,000 per grantee organization.

Table 10 - Recipients of BHC Mini-Grant Awards, Round 2 (2011)

Grantee	Proposed Activity	Funding Award
Black Chamber of Commerce	Young Entrepreneurs Academy Program	\$1,000
The Gardens	Trust Respect Unity Empowerment Program for Youth ages 11-18	\$1,000
Tahoe Colonial Collaborative	Bike Rodeo Event	\$500
Sacramento Food Bank	Community Clean Up Event	\$500
Alchemist Community Development	Youth Convening on advocacy for healthy land use, food access work	\$500
Oak Park Neighborhood Association	National Night Out, 10 blocks	\$600
Language Academy of Sacramento	Nutrition classes and exercise program for students and parents	\$2,000
Prevention Works	30 Kids from the BHC targeted area ages 12 to 17 will participate in Youth Leadership Development Camp in the Sierra Foothills.	\$2,000
Mien Club	Cultural Music Program at Hiram Johnson High School	\$1,000
Round 2, Total Grants Awarded		\$9,100



The mini-grants will provide additional opportunities to engage both residents and youth, in a variety of modest endeavors that support healthy communities. Many of the mini-grants feature youth in one way or another, in small group activities, one-time special events or celebrations, learning experiences, leadership development, and healthy activities. Some also address resident engagement and focus on neighborhoods and small scale projects that bring people together for fun or shared purpose. The BHC Steering Committee will likely request that some grantees report back on the value of these grants and to learn how to make resources available for additional modest projects and community building activities that align with the BHC.



SECTION 4: USE OF DATA FOR GRANTEES

Data has been a guide to the South Sacramento BHC throughout the planning process. This feature of the BHC Initiative has transcended the planning process into implementation, as grantees begin to establish baseline measures for the changes they hope to impact. There are several readily available data sets that offer some data for some grantees. Among the most accessible data sources are: www.healthycity.org, the BHC Community Survey, and the Youth Survey the latter two of which were developed by and for the needs assessment for South Sacramento. In addition, some grantees are exploring other data on their own, and a few grantees have evaluation subcontracts to enhance the research and data analysis for specific initiatives. This section provides an overview of the use of data by the South Sacramento BHC grantees, and references attachments that present raw data from selected sources.

4.1 Community Survey Data Analysis by priority area

During the planning phase, the BHC lead agency and consultants developed a comprehensive survey to administer with community residents, addressing the priority outcomes identified by TCE. The Community Survey was completed by more than 5,000 respondents, primarily residents of the target zip codes, but including others who were present in a variety of convenience sample setting during the survey period. So although not all 5,000 respondents may reside in the immediate target area, they were in close proximity at the time of the survey and very likely reside, work, and conduct daily commerce in the area. Because the boundaries of the target area are permeable, and because the adjacent areas are an extension of the target area, the Community Survey data reflects input from the target area and “nearby neighbors.” The data analysis of the responses to the Community Survey reported both total responses as well as responses only for the residents in the target zip codes, and examined responses by race/ethnicity and age of respondent. Table 11 below describes the composition of the respondents by selected demographic characteristics.

Table 11 - Community Survey, 2009

Respondents by Age (n=4,600)						Respondents by Race/Ethnicity (n=4,707)						
0-24	25-30	31-35	36-40	41-50	50+	AfAm	Caucasian	Hisp	Hmong	Mien	Viet	Other
17%	17%	14%	14%	20%	17%	22%	13%	24%	17%	2%	4%	18%

Throughout year one grantees requested data from the Community Survey. Requests often focused on questions specific to a particular priority outcome area and/or grantee objective. Some grantees used data from the Community Survey to begin their quest for community input and resident engagement. Others used the questions in the Community Survey to continue surveying among select audiences within the target area, using the same or similar questions. The survey responses provided a preliminary assessment of priority concerns and suggestions for change that originated from the residents and nearby-neighbors. The Community Survey also elicited input from non-English speaking residents, since it was made available in Spanish, Hmong, Vietnamese, and Mien. Attachment D presents the rate of response for each question in the Community Survey.

4.2 Youth Survey Data

The planning phase also included a stand-alone Youth Survey, which was completed by 1,316 middle and high school students. The youth respondents were almost evenly split between males and females, from Will C. Wood Middle School and Hiram Johnson High School and Sacramento High School. Table 12 presents an overview of youth respondents by grade level and race/ethnicity.

Table 12 - Youth Survey, 2009

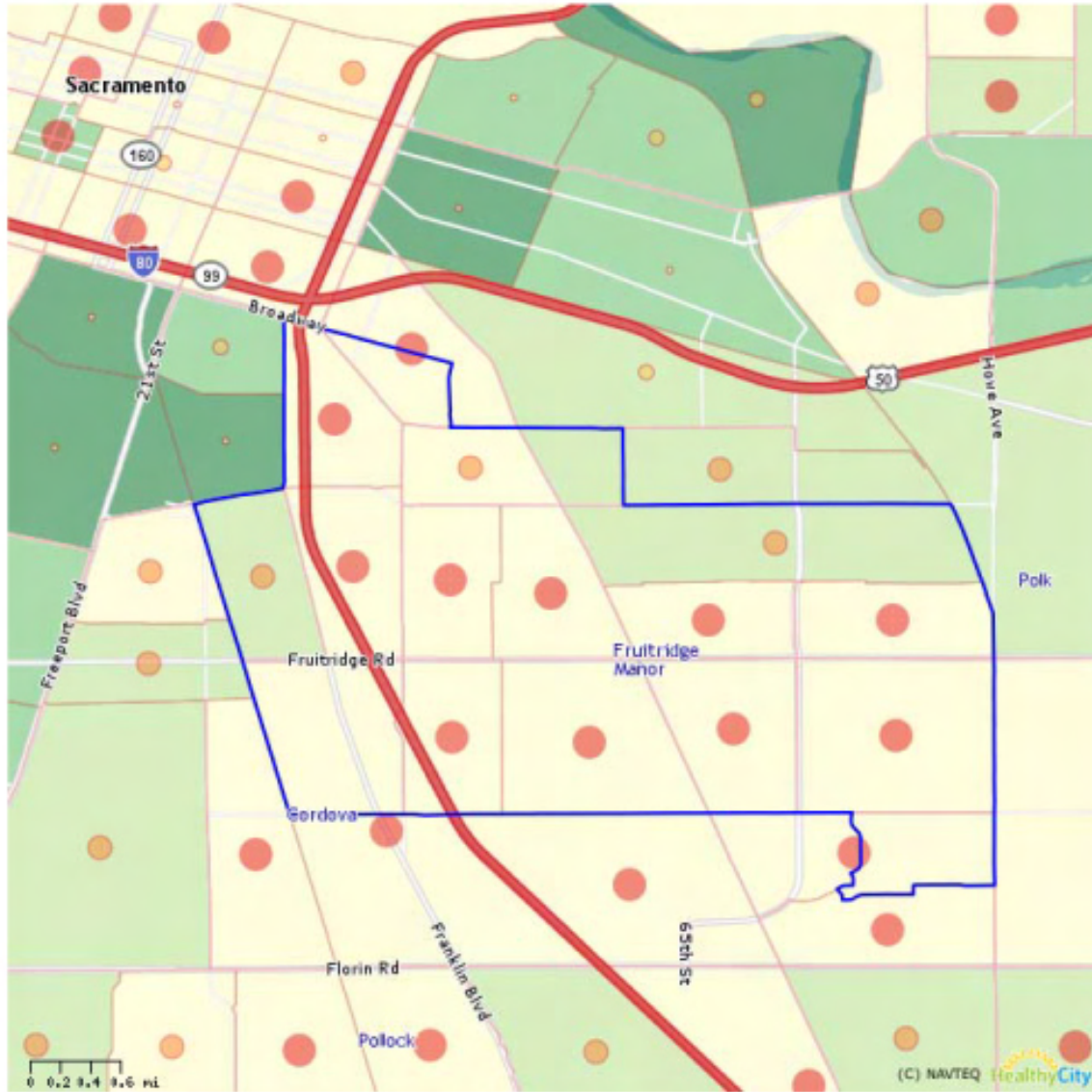
Youth Respondents by Grade (n=1,316)					Youth Respondents by Race/ethnicity (n=1,316)						
7 th -8 th	9 th	10 th	11 th	12 th	AfAm	Caucasian	Hisp	Hmong	Mien	Viet	Other
22%	23%	19%	22%	15%	24%	9%	25%	10%	9%	3%	20%

Detailed findings from the Youth Survey are in Attachment E of the report. Findings have been used by various grantees to identify priority needs, as identified by the youth who live and attend school in the target area. The summary findings present the top 5 responses on all survey questions, by grade level, gender, and race/ethnicity of respondent.

4.3 Healthy City Web Site Data

The California Endowment has provided support to the BHC communities by creating the website www.healthycity.org. This resource is a compilation of data from a variety of sources, providing indicators of community health and well being. This resource was used during the planning phase, and has been enhanced with the addition of 211 data provided by the Community Services Planning Council (CSPC). In addition, training and technical support to promote use of the data has been provided by both The Endowment, and now by CSPC through a BHC grant. Given the enormous volume of data available in this website, this report does not present any specific findings. LPC has created a matrix crosswalk to identify where grantees may find specific indicators in the Healthy City website, as well as other potential sources of data to: (1) guide strategy development to address specific needs; and (2) provide baseline and measures of change to track over time (see Attachment F). A sample map of the South Sacramento BHC area is displayed in Figure 2.

Figure 2 – Sample HealthCity Map of South Sacramento BHC Area



Median Household Income: Median household income (dollars)

- ▨ Data unavailable
- 2,499 ~ 42,889.9
- 42,890 ~ 59,215.9
- 59,216 ~ 81,290.9
- 81,291 ~ 233,750

Description: Median household income in 2008 inflation-adjusted dollars.
 Universe: All Households
 Data Source: American Community Survey 5-Year Estimates

Families in Poverty: Families in Poverty

- ▨ Data unavailable
- 0.0 % ~ 2.99 %
- 3.0 % ~ 7.19 %
- 7.2 % ~ 15.39 %
- 15.4 % ~ 100.0 %

Description: Percentage of families whose income in the past twelve months was below the poverty level.
 Universe: Families
 Data Source: American Community Survey 5-Year Estimates
 Data Year: 2005 - 2009

Map created on September 20, 2011 at HealthyCity.org
 (c) 2010 Advancement Project
 All Rights Reserved

4.4 Evaluation Plans for Selected Grantees

Some BHC Grantees have included evaluation in their implementation planning. In one instance, the grantee included a line item in their budget for an evaluation contract; for three others, TCE has provided funding directly to an evaluation contractor, with studies beginning in year two. The evaluations will feature both process and outcome components, to document and describe how projects are implemented, identify barriers and challenges, and share lessons learned. In addition, immediate and short term outcomes will be tracked, at the participant and community level, including elements of policy or systems change. The evaluation contractor will use a variety of data collection methods ranging from simple tracking with logs, to surveys of specific target audiences, to interviews and focus groups with stakeholders, beneficiaries, staff, and volunteers. One of the key indicators to examine throughout the 10 year BHC Initiative will be a measure of youth and resident engagement, which will be featured more prominently in year two and thereafter.

The evaluation of specific initiatives is summarized in Table13 below:

Table 13 - Evaluations for Selected BHC Grantees

Grantee	Program or Project	Key Elements of the Evaluation
Soil Born Farms	Healthy Food Access Project	Tracking systems to document garden installations, corner store conversions, gleaning and redistribution activities, and youth engagement.
Ubuntu Green (contractor to CA Capital Development)	Healthy Land Use Project	Observe and describe neighborhood and community meetings to identify land use issues and proposed solutions; document and describe action plans by neighborhood; resident involvement
SCUSD	The Connect Center	Track sources of referrals to Connect Center, utilization, needs of families served, and referrals to other resources.
	Anti-Bullying	Track process to identify anti-bullying curriculum and provide training
	Violence Prevention	Measure change with implementation of violence prevention programs
Nonprofit Resource Center	Capacity Building	Document changes for organizations receiving training and technical support to develop capacity to serve the target area.

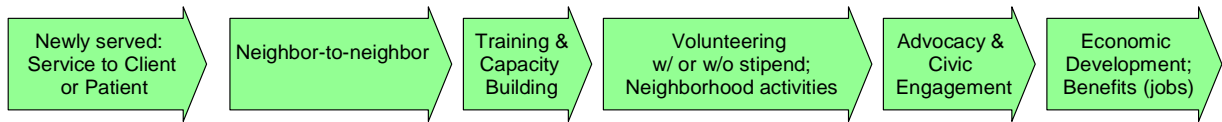
In addition, the BHC Hub has contracted for an evaluation of the overall South Sacramento BHC Initiative. The Hub evaluation will document and describe the rollout of the Initiative, the infrastructure of operations, and a variety of outreach and community engagement activities that have been launched or are underway. This report is the summary of year one of the Hub evaluation.

SECTION 5: RESIDENT AND YOUTH ENGAGEMENT

Though the first year of implementation has been devoted to developing a working organizational structure and awarding grant funds to begin a host of projects that align with the priority outcomes for South Sacramento BHC, the undercurrent of resident and youth engagement has been an element of every meeting, a feature of every grant funded by TCE, and a driving force for all capacity building. Admittedly, this example of systems change has been the greatest single challenge for the BHC in that “it is never enough” to satisfy the Hub staff, the Steering Committee, and the grantees. This report provides a status report about resident and youth engagement in largely qualitative terms. The lessons learned in year one will provide valuable guidance for creating a continuum of resident and youth engagement, as well as a standardized approach for documenting and quantifying the degree to which this is occurring. The documentation systems will facilitate the ability of both the evaluator and the Steering Committee to track and monitor this vital component of systems change over time.

Grant funding from TCE is supporting resident and youth engagement opportunities that run the gamut, from improving access to direct services so that more residents and youth can receive services, to developing neighborhood level connections and leadership, to engaging them in a host of volunteer or stipend-supported activities. Figure 2 presents a preliminary view of a continuum of stages of resident and youth engagement; Attachment G presents the same continuum with illustrations from BHC grantees in year one of the S. Sacramento BHC implementation.

Figure 3 - Continuum of Resident and Youth Engagement



The following sections present additional descriptions of resident and youth engagement, from a combination of direct observation and anecdotal reports from grantees. Even so, these are far from complete and only represent “the tip of the iceberg” as other stories continue to come to light. The extent to which this is occurring, but is not documented, will be a focal point for the year two evaluation. At the end of the day, the BHC Initiative is largely about the breadth and depth of resident and youth engagement.

5.1 Opportunities for Residents and Households

As the first year of the BHC evolved, several new grants provided innovative and exciting opportunities for residents and households of the target area to become involved in the Initiative. The range of new opportunities is likely to engage residents, and to evolve as the “branding” for the Hub and the BHC becomes more established, and as the media coverage expands. The new opportunities greatly expand the options available, to appeal to the needs and interests of individuals and households; these options go well beyond the traditional monthly meetings of the BHC Steering Committee and work groups, or quarterly gatherings of the Hub.

The following list provides a general overview of the emerging opportunities for resident engagement:

The Newly Served:

- Patients at Oak Park Clinic
- Patients receiving assistance from Health Navigator project
- Enrollees in Cover the Kids
- Clients of Sacramento Food Bank
- Parents and families of students enrolled in Sacramento City Unified School District, via the Connect Center

Neighbor-to-neighbor:

- Customers of Farmers Markets, Farm Stands, food box distribution
- Residential garden building projects
- Participants in Crop Swaps
- Attendees of neighborhood level land use discussion groups
- Participation in neighborhood associations, activities like “National Night Out”

Training and Capacity Building:

- Anti-Systemic Racism
- Leadership
- Cooking demonstrations, information about gardening and maintenance

Volunteering:

- Volunteer (with and without stipends)
- Participants in learning, training opportunities
- Participants in Walk Audits
- Participants in residential and community garden builds

Advocacy and Civic Engagement:

- Participants in planning and advocacy meetings
- Participation in Safe Community Partnership community meetings
- Participation in Healthy Land Use small group, and neighborhood meetings

Economic Development:

- Farmers’ Markets (increased sales for local producers)
- Hiring staff, paying stipends

5.2 Opportunities for Youth

Opportunities for youth from the BHC target area are also evolving. Some of the BHC grantees focus almost entirely on youth development, while others are ad hoc or intermittent options. Most of the options listed below illustrate examples of youth as participants first, as well as in other capacities along the engagement continuum.

The following list provides a general overview of the emerging opportunities for youth engagement:

The Newly Served:

- Participants in Challenge Days (middle and high school age)
- Participation in Safe School Ambassadors
- Peer Mediators
- “Get Fit” project with SCUSD and the Sacramento Kings
- Students enrolled in Sacramento City Unified School District, via the Connect Center

Neighbor-to-neighbor:

- Youth Block Reports
- Residential garden building projects
- Food Gleaning recruitment
- Participation in presentations and performances at quarterly Hub Gatherings
- Helping with child care at quarterly Hub Gatherings

Training and Capacity Building:

- Challenge Days
- Safe School Ambassadors
- Peer Mediation
- Healthy Food Access projects (various)
- Youth Regional and Statewide BHC convenings

Volunteering:

- Volunteer (with and without stipends)
- Participants in Walk Audits
- Participants in residential and community garden builds, food box distribution

Advocacy and Civic Engagement:

- Letter writing campaign to Sacramento City Council
- BHC Youth Steering Committee

Economic Development:

- AmeriCorps placements with BHC grantees
- Stipends for youth volunteers
- Presentations from UC Davis landscape architecture students

The engagement opportunities listed above for residents and youth represent only the most visible examples, or those included in reports submitted to The California Endowment for year one. Some of these options are single points in time, while others require more sustained involvement. Some represent involvement in new service delivery systems to facilitate or increase access to health care, for example. Others represent emerging civic engagement and advocacy, as well as developing leadership skills. And activities range from purely voluntary, to voluntary with stipends, to full scale paid positions or work with financial incentives (e.g., AmeriCorps). The “landscape” of all options will become clearer in year two and beyond as the awarding of grants stabilizes and many grantees gain traction in their own efforts to involve and engage the residents and youth of the target area.

5.3 Progress to date

The first year of the evaluation did not include a systematic approach for tracking and documenting all of the opportunities for resident and youth engagement, or other forms of community involvement. As the BHC grantees began to implement various projects throughout the year, the types of opportunities became more apparent and several began to yield results. A priority for year two will be the creation of a simple tracking tool for all grantees, to facilitate tracking resident and youth involvement. The tools will help describe and quantify the extent to which residents and youth are actively participating in various aspects of the BHC Initiative. The data collected in year two will also represent a baseline from which to chart changes from year to year.

Finally, as the BHC and Hub become more well known through the work of partner agencies, grantees, and a growing number of residents and youth, it will become easier to attribute resident and youth engagement to the outreach efforts of the BHC Steering Committee and all BHC partners. This is what will sustain the work that is beginning now and will continue for a full ten years. The BHC has a media consulting team that has been instrumental in the creation of a new logo, logo-branded materials and “gifts” for community members, and a website that has been designed with engagement in mind. Furthermore, there have been several stories featured in the *Sacramento Bee* and on local news broadcasts. Collectively, the expanded use of social networking and the traditional media outlets will contribute to raising both awareness of and interest in the BHC and the Hub. Even general stories about individual partners will advance the recognition of the priority areas addressed by the South Sacramento BHC.

Among the more prominent local stories featured in high profile media outlets this past year were stories in the *Sacramento Bee* about two BHC grantees, Ubuntu Green and Soil Born Farms, both of which are addressing access to healthy food in the target area. In addition, BHC partners (including Pesticide Watch) were actively involved in changing local policies related to residential and community gardening and raising chickens in urban areas. Ubuntu Green submitted a press release about the BHC initiative, and there was a YouTube posting about “Kings and the CA Endowment Launch ‘Get Fit with the Kings’ Program. Finally, the Sacramento City Council passed a resolution related to advancing health and reducing obesity, both of which support goals of the South Sacramento BHC.

SECTION 6: STATUS FOR SOUTH SACRAMENTO BHC AND PLANS FOR YEAR TWO

One of the byproducts of the first year of BHC implementation was a “Capacity Assessment Report for South Sacramento Collaborative/Hub and Community” submitted in November 2010 by Community Science. This baseline assessment included input from 27 respondents representing 24 organizations (from a target of 30 potential respondents). Respondents were identified by the Hub Host, the Hub Manager, and The California Endowment. On a scale of 1-4, Table 4 shows average scores to illustrate where the South Sacramento BHC Hub has shown promise already (scores of 3 and above), as well as scores illustrating areas in need of development or training (scores of 2 and below). Scores between 2 and 3 are “average” for this scale (the number of respondents varies by category).

Table 14 – Capacity Assessment Results

Proficient (average score above 3)	Almost proficient (average scores between 2 and 3)	Developing (average score below 2)
<i>Collaborative/Hub Capacity (nearly or just developing)</i>		
	2.2 Management	1.7 Communication and social marketing
	2.0 Adaptive	
<i>Community Capacity (more than proficient, almost proficient, and developing)</i>		
3.6 Intergroup relations	2.96 Collective action	
3.35 Advocacy	2.77 Cross-sector collaboration	
	2.71 Leadership	
	2.13 Structural racism	

In year one, the BHC addressed the Communications and Social Marketing capacity with the assistance of communications and marketing consultants, the creation of a new logo, and development of a new website. In addition, the Hub provided a training session for the BHC Steering Committee and grantee partners in “Anti-Systemic Racism” and plans to provide a follow up training in year two. Embedded in some of the ratings was the underlying concern that outreach and engagement in the community had not achieved satisfactory levels. The self assessment also affirmed the strong relationships among partner organizations and alliances with advocacy groups and access to policy and decision makers. At the end of year one, the management and adaptive capacities will likely see somewhat improved ratings, reflecting the emphasis on developing a new and updated organizational structure, new bylaws, a system for allocating funds for mini-grants, and the creation of BHC Steering Committee small groups aiming to expand outreach and engagement across the target area.

The evaluation for year two will continue to document and update the status of initiatives and changes that began in year one. The evaluation will develop and refine systems for soliciting input and information gathering among the grantees, likely in a combination of structured tracking logs and interviews with key project participants. Resident and youth engagement will increase in prominence as all grantees begin to hit their stride, to address this area of their respective work plans, and the web site begins to log hits indicating interest in the BHC and the Hub.

The Hub gatherings will continue to examine new and better ways to engage residents and youth, to use the gatherings to showcase grantees, and to connect residents and youth to opportunities provided by specific grants. These gatherings will also likely continue to exemplify an opportunity for socializing, sharing healthy food, and learning more about one’s neighbors and available assets and resources.

Finally the evaluation in year two will revisit several community indicators from www.healthycity.org and other sites to develop a longitudinal tracking system. This will require input from the BHC Steering Committee, the Hub staff, the TCE Project Officer, and selected stakeholders or grantees to select from a wide range of indicators. Grantees will be encouraged to use data from various sources, including but not limited to www.healthycity.org and the Community Survey and Youth Survey that were conducted in the planning phase; both surveys include relatively simple questions that may be useful for more limited scale community inquiries.

At the conclusion of year one, the evaluation findings show that the Hub is operational and is governed by a BHC Steering Committee that reflects the diversity of the target area and is comprised of at least 50 percent community residents and youth. The bylaws and the BHC Steering Committee retreat provided structure and goals for the Hub. Quarterly Hub gatherings are useful ways to reach out to the community, and to connect with residents and youth in a traditional social setting. This is especially useful in recognition of “the digital divide” for many households in the target area.

TCE has funded almost 30 projects, allocating close to \$3 million in funding over the first two years of the BHC Initiative. In addition, the BHC Steering Committee has allocated funds ranging from \$500 to \$2,000 to several groups and organizations serving the target area, in a competitive mini-grant program. Training opportunities are occurring for grantees and residents alike, opportunities for advocacy are developing, and there are many increasingly visible signs and symbols of change throughout the community. In only a single year, the South Sacramento BHC Initiative is well on its way to implementing numerous strategies listed in the logic model submitted to TCE in 2009.

ATTACHMENTS

Attachment A - Steering Committee Bylaws

Attachment B - Roster of South Sacramento Building Healthy Communities Grantees, FY 2010/11

Attachment C - Overview of BHC Grants and Selected Priority Outcomes for South Sacramento

Attachment D - BHC Community Survey Results

Attachment E - BHC Youth Survey Results

Attachment F - HealthyCity.Org Data Elements Available by Zip Code/Census Tract

Attachment G - Continuum of Care Youth Engagement

BUILDING HEALTHY COMMUNITIES INITIATIVE STEERING COMMITTEE BYLAWS

PURPOSE

The purpose of the Building Healthy Communities Steering Committee is to:

Oversee a comprehensive plan for improving 10 health outcomes based on the review of information on community health assets and needs.

SECTION 1 BASIC RULES OF PROCEDURES

1.1 Membership: The Steering Committee shall determine the number of members. The goal for Steering Committee membership is no fewer than 15 and no more than 23 members. Membership will seek to represent the diversity of the community residents and service providers, and include the faith community and economic development expertise. The Committee should balance resident interests with those of health and social service providers and other entities, including businesses, public agencies and other organizations. The Membership should represent the population of the target area in terms of age, race/ethnicity, gender and sexual identity. Members cannot be a resident AND a paid member of an organization that will be applying for and/or has received BHC funding from The California Endowment, unless they are elected for one of the Organization applicant categories.

- (a) The Steering Committee may add members at any time provided the new member meets the general criteria above. The process for adding new members will include: recognition of a vacancy in membership, or identification of a gap in representation; recruitment for member based on criteria to address (e.g., replace interest of the position vacated or address a gap in representation). The Steering Committee may delegate responsibility for recruitment to any active member, or the Hub Manager. The Steering Committee may also add members when current members resign or cannot satisfy the attendance requirements.
 - (b) Steering Committee members shall not miss more than two consecutive Steering Committee meetings without permission granted by the co-chairs. Poor attendance may result in removal from the Steering Committee. See Rule 4.7.
 - (c) For mandated seats (Legal Services, School District, City, County: Public Health and Government), the organization can choose its representative to fill its seat on the steering committee. The organization can change its designated member at any time.
 - (d) New members will receive a packet of material to describe the roles and responsibilities, expectations, and commitments associated with membership on the Steering Committee. An ad hoc 'orientation' delegate will welcome the new member and provide an informal review of the roles and responsibilities and history of the Committee.
 - (e) A Welcome Committee will form to provide a venue to orient newcomers to BHC.
- 1.2. Term:** The term of service will be two years. Elections will take place every two years, no limit on how many terms a person can serve.
- 1.3 Steering Committee Co-Chairs:** The Steering Committee will have co-chairs selected by the membership of the full committee. The Co-Chairs will provide leadership, facilitate the monthly meetings, call special meetings as needed, and present the face of the BHC Planning Process by representing the Steering Committee.

- 1.4 Steering Committee Meetings:** The Co-Chairs will facilitate the monthly meetings using general rules of order. Monthly meetings will provide opportunities for staff and contractor reports.

Staff will prepare agendas and notify members of upcoming meetings; record and disseminate minutes and other materials; and coordinate with other contractors as needed. The Co-Chairs will guide the process toward achieving consensus in decision making by the Steering Committee; should the co-chairs determine that a vote be required, a simple majority vote will prevail.

- 1.5 Hub Meetings:** The Co-Chairs will facilitate the quarterly meetings using general rules of order. Quarterly meetings will provide opportunities for committee reports and shall include an open comment period.

Committees: Committees can be formed as needed by the Steering Committee and/or Hub Manager. All committees will engage resident and youth representation to insure the Hub develops champions for implementation of the 10 year initiative. In addition to the BHC Steering Committee, the structure for the 10 year initiative will include the following:

Youth Development
Healthy Food Access
Land Use
Economic Development
Sustainability
Health Access
Welcome/Membership
Grants (Ad hoc for Steering Committee)

Committee membership will include representatives from the Hub and Steering Committee. Committees will have chairs and co-chairs and will meet as needed to fulfill their respective responsibilities. Responsibilities for each are outlined below:

Youth Development Committee:

Children and their families are safe from violence in their homes and neighborhoods (5)

- Communities support healthy youth development (6)
- Health gaps for young men and boys of color are narrowed (9)
- *Result Area #1, Reduce youth violence*
- *Result Area #4, Increase school attendance*

Healthy Food Access Committee:

- *Residents live in communities with health-promoting land use, transportation, and community development. (4)*
- *Neighborhood and school environments support improved health and healthy behaviors. (7)*

Land Use Committee:

- *Residents live in communities with health-promoting land use, transportation, and community development. (4)*

Economic Development Committee:

- *Community health improvements are linked to economic development. (8)*

Sustainability Committee:

The purpose of this Committee/Work Group is to determine the resources required to sustain support for the Building Healthy Communities initiative for the 10 year implementation period. This will include at a minimum, what structure and representation will best serve the initiative? What in-kind resources are available? What funding resources are available? What will be the key elements of sustaining the momentum developed during the planning process?

Health Access Work Group:

All children have health coverage (1)

- Families have improved access to a health home that supports healthy behaviors (2)
- Health and family-focused human services shift resources toward prevention (3)
- *Result Area #3, Provide a health home for all children*

Result Area #2, Reverse the childhood obesity epidemic

Welcome/Membership Committee:

This committee will serve as the “welcome wagon” for any BHC newbies. They will provide orientations for newcomers and work to create a welcome BHC space for all members of the community.

Grants Committee (ad hoc Steering Committee):

This committee will be responsible for developing and following a set of guidelines (based on the BHC core values) to determine how the community grants funds will be spent and make recommendations to the broader Steering Committee.

SECTION 2 MEETINGS OF THE STEERING COMMITTEE

2.1 Meetings: The Steering Committee will hold monthly meetings, on TBD. In the event of a meeting falling on a Monday holiday, the make-up meeting will occur on either the first Tuesday of the month (one day later) or the following Monday (one week later).

2.2 Committees and Work Groups: The Committees will set their own schedule, and are likely to also meet a minimum of once a month until they complete their tasks as outlined in the roles and responsibilities. Chairs will post meeting dates, times, and locations on CalConnect. Committees will actively recruit and engage community residents and youth. Membership of Committees will be open on a continuous basis.

- 2.3 Location of Meetings:** The Steering Committee shall normally meet at the ARI, 5709 Stockton Blvd., Sacramento, CA 95824 in South Sacramento. Asian Resources, Inc. will appoint a HUB Manager. The HUB manager is responsible for scheduling and coordinating all Steering Committee meetings. The HUB manager can be reached at 454-1892. The current HUB Manager is Kim Williams. Her email address is Kim@asianresources.org.
- 2.4 Notices for Scheduled Meetings:** All regular meetings will be posted on CalConnect and members of the group will receive notification via email.

SECTION 3 MEETINGS OF THE HUB

- 2.1 Meetings.** The Steering Committee will hold quarterly Hub meetings, on the 3rd Wednesday's of each month.
- 2.3 Location of Meetings.** The Hub shall normally meet at Boys & Girls Clubs located on Lemon Hill Ave unless otherwise notified. The point of contact is Kim Williams, Hub Manager and her phone number is 454-1892. Her email address is kim@asianresources.org.
- 2.4 Notices for Scheduled Meetings.** All regular meetings will be posted on CalConnect and members of the group will receive notification via email.

SECTION 3 AGENDA & RECORDS

- 3.1 Agenda:** The agenda for each meeting shall be prepared by the Hub Manager. Copies of the agenda and meeting notes shall be provided to each member of the Steering Committee one week prior to the regular meeting, and copies will be available at the meeting site.
- 3.2 Minutes:** Staff shall be responsible for recording and preparing the minutes of each Steering Committee and Hub meeting. The minutes shall be in the form of a summary. The Minutes of each meeting shall be presented for approval at the next scheduled meeting of the Steering Committee. The official Minutes of the Steering Committee shall be kept in a binder with the facilitator and posted on [CalConnect](#); minutes will be available upon request.

SECTION 4 CONDUCT OF STEERING COMMITTEE AND HUB MEETINGS

General rules of order shall be established and used to govern the conduct of Steering Committee meetings, as directed by the Co-Chairs. The members of the Steering Committee will adhere to the basic principles and practices associated with basic Roberts Rules of order. The committee recognizes that youth are in attendance and want the meetings to be engaging for everyone so rules may be adapted when needed. The Brown Act will be used as the guidelines for the governance structure.

- 4.1 Decision making by Majority Vote:** The role of the Steering Committee will be to receive and consider all information derived from the data collection for the purpose of identifying community needs and priorities to recommend to The California Endowment and the Hub. Final decisions will be made by majority rule standard however, the committee will always work to reach consensus when making decisions to give everyone the opportunity to have a voice.
- 4.2 Quorum Required:** Fifty-one percent (51%) or more members attending the Steering Committee meeting shall constitute a quorum at any regular or special meeting for the purpose of transacting business of the Steering Committee. Action can be taken only by a concurring vote of the majority of the Steering Committee membership present. In the case of a 51% to 49% vote, the motion will not carry through until additional discussion takes place and another vote is taken to ensure all voices are heard, unless the issue is budgetary in which case a majority rule will prevail.
- 4.3 Order of Business:** The order of business at a meeting shall normally be: member roll call or sign in, approval of minutes, contractor reports, committee reports, public comment, and adjournment.
- 4.4 Role of the Hub Manager:** The Hub Manager shall provide logistical support for each Steering Committee meeting.
- 4.5 Approval of Items:** Any item before the Steering Committee for action will be approved by an affirmative vote from a majority of the quorum present. However, the Committee will always strive for consensus in all actions to be approved.
- 4.6 Voting:** Voting shall be by a voice vote. A roll call may be requested by any member of the Steering Committee at any time and be dually recorded in the minutes of the meeting. Proxy Voting will not be allowed.
- 4.7 Attendance:** Steering Committee membership was designed to assure consistency and continuity throughout the planning process. Thus, all members agreed to attend the monthly meetings and the retreat prior to committing to this role. Absences from meetings are discouraged and may result in the replacement of the absent member with another member of the coalition. If a Steering Committee member misses two consecutive steering committee meetings or a total of three absences during his or her term, another member of the Steering Committee may make a recommendation to replace the Steering Committee member. Unexcused absenteeism and selection of replacement members will be addressed by an ad hoc committee as needed.

- 4.8 Emergency Item:** Items not appearing on the agenda may be taken up on an emergency basis. Any member of the Steering Committee requesting emergency consideration of an item shall make a motion to that effect which specifies the subject to be considered. If seconded and approved by a majority vote of the quorum present, the emergency item may then be moved, seconded, discussed, and disposed of in the same manner as any other matter which comes before the Steering Committee for action.
- 4.9 Grievance Process:** If members of the community are dissatisfied with any action or policy considered by the Steering Committee, members of the community may prepare a written grievance to be considered by the Steering Committee at its next meeting. All written grievances should be directed to the HUB manager located at 5709 Stockton Blvd. If the community member wants to address the Steering Committee in person, the community member must state their request in the grievance. The community member will be allowed to address the Steering Committee for three minutes. The Steering Committee will respond to the community member in writing within 30 days.

SECTION 5 OPEN COMMENTS BEFORE THE HUB MEETING

- 5.1 Open Comment:** The public and members of the Hub at large shall have the right to attend Hub meetings and to speak on matters related to the Steering Committee and Building Healthy Communities initiative. Any person may appear before the Steering Committee concerning any item on the agenda or any community issue for that meeting. Presentations from the general public or members at large shall occur during the open comment period and be limited to three minutes, unless prior arrangements with the Co-Chairs have been made and the presentation is an item on the agenda.

SECTION 6 GROUND RULES

6.1 Courtesy: The meetings of the Steering Committee must adhere to the principles of common courtesy, including but not limited to the following:

Show up on time: Steering Committee meetings will start promptly at 5:30pm unless otherwise noted. Arrange to be there in advance to collect materials, dinner, and take a seat ready to go to work by 5:30pm.

Zero tolerance for cell phone interruptions: Please turn off the ring tone for your cell phone during all meetings. If you must make or take a call, leave the meeting with minimal disruption.

Be respectful: Allow the Co-Chairs to recognize you when you want to speak, shown by raising your hand. Listen to others as they speak, and do not carry on side conversations while someone else is speaking. All points of view have merit and deserve equal time.

6.2 Amendments: This Rules of Procedure, in all or in part, may be amended by a concurring vote of the majority of the Steering Committee membership at any regular or special meeting.

SECTION 7 VALUES

The Building Healthy Communities Steering Committee conducts its business in accordance with the following values:

- Inclusion by design of the organizational structure and the process for the planning the TCE Building Healthy Communities initiative;
- Decision making based on a combination of data and community input;
- A holistic view of the community;
- Providing a place where voices can be heard;
- Fostering transparency in the planning process; and
- Respect and appreciation for resident and youth participation throughout the planning process.
- Always strive to reach consensus in the decision making process to include the voice of all members of the committee so there is shared power and everyone has equal voice.

**South Sacramento BHC Grantees
2010-2011 Funding Awards**

Increasing Access to Health Care (Priority Outcome #2)		
Project Goals/Objectives	Grantee Organization and Partners	Primary Contact Information
To strengthen and expand the public/private outreach and enrollment infrastructure in the Sacramento Building Healthy Communities (SBHC) target area by providing outreach, enrollment, retention and utilization (OERU) services and having the ability to streamline health coverage applications and referrals of other social service programs through the Department of Human Assistance.	Cover the Kids (CTK)	Joil Xiong JXiong@cityofsacramento.org
To strengthen the infrastructure of Sacramento City Unified School District to increase school attendance and safety in schools by becoming a portal for health, wellness and human services for students and their families.	Sacramento City Unified School District (SCUSD)	Barbara Kronick barbara-kronick@sac-city.k12.ca.us
To strengthen and expand mechanisms for linking individual health, housing and transportation problems in South Sacramento to policy and systemic changes in the local Sacramento area and statewide.	Legal Services of Northern California	Amy Williams awilliams@lsnc.net
To increase awareness of the importance of children’s dental health on the overall health of a child and improve access to dental and health care.	Sacramento District Dental Society	Cathy Levering cathy@sdds.org
To establish an integrated primary, behavioral health and dental healthcare home for 3,000 residents of South Sacramento at the Oak Park Community Clinic.	The Effort	Petra Stanton pstanton@theeffort.org
To build the capacity of residents to learn how to access health and dental insurance programs and outreach to their neighbors to access available health services by providing monthly health screenings and on site assistance in obtaining the forms and information about qualifying for Sacramento County Medically Indigent Support Program (CMISP), MediCal, medical insurance for minors, Social Security and Social Security Disability.	Harm Reduction Services	Peter Simpson hrrsdir@pacbell.net
To provide access to health education, identify families in need of health interventions, navigate those families through the health system and help them find permanent health homes.	Capitol Community Health Network Hmong Women’s Heritage Assn. Southeast Asian Assistance Center Latino based org TBD	Marty Keale marty@capitolhealthnetwork.org

Increase Physical Activity (Priority Outcome #2)		
Project Goals/Objectives	Grantee Organization & Partners	Primary Contact Information
To reduce childhood obesity rates in collaboration with the Sacramento Kings and The California Endowment, to communicate and educate students, their family members and the community on the importance of maintaining a healthy lifestyle through physical activity and eating healthy foods.	Sacramento City Unified School District (SCUSD)	Adrian Williams Adrian-Williams@sac-city.k12.ca.us

Roster of South Sacramento Building Healthy Communities Grantees, FY 2010/11

Increasing Access to Fresh Food (Priority Outcome #4)

Project Goals/Objectives	Grantee Organization & Partners	Primary Contact Information
To strengthen the capacity of the Sacramento Region Food System Collaborative (FSC) to effect policy and systems change that will reduce health disparities in underserved communities in the Sacramento region.	Valley Vision	Bill Mueller bill.mueller@valleyvision.org
To create systems level mechanisms and an environment that supports more local food consumption and healthy food education for South Sacramento residents. Project includes building residential gardens, converting corner markets to fresh produce venues, food gleaning, crop swaps, and demonstrations at farmers markets.	Soil Born Farms Ubuntu Green <i>Asian Resources, Inc.</i> <i>Alchemist CDC</i> <i>LPC Consulting Associates, Inc.</i> <i>Sacramento Food Bank & Family Services</i>	Shawn Harrison sharrison@soilborn.org
To strengthen the capacity of residents, youth and community organizations in South Sacramento to advocate for greater access to locally grown, healthy food. Neighborhoods currently targeted include Oak Park (which also includes Lawrence Park), Fruitridge Manor, The Avenues, North City Farms, & Colonial Heights.	Pesticide Watch Education Fund	Asael Sala asael@pesticidewatch.org
To provide young people in South Sacramento with professional work experience while fostering healthy food environments by creating youth-run businesses that deliver fresh fruits and vegetables to the South Sacramento Building Healthy Communities target area.	Fresh Producers	Rabbi David rabbidavid@freshproducers.org
To strengthen the Healthy Food Movement in Oak Park and improve the health of Oak Park residents through expanding and further developing the Oak Park Farmers Market and Oak Park Crop Swap and by supporting other partners through the Oak Park Food Collaborative.	Neighbor Works	Sharon Eghigian sharon@nwsac.org

Youth Development (Priority Outcome #6)

Project Goals/Objectives	Grantee Organization & Partners	Primary Contact Information
To build the capacity of youth-serving organizations and youth to work together to improve and enhance support to LGBTQ youth and their families in South Sacramento, via the LGBTQ Youth Collaborative.	Mental Health America of Northern California	Susan Gallagher sgallag40@yahoo.com
To build the capacity of youth from high risk underserved populations in South Sacramento to become leaders and advocates to promote reductions in youth violence, to increase safety and promote health issues that impact their communities.	La Familia Counseling Center	Vidal Gonzales Vidalgonzalez0@gmail.com
To develop and expand youth led violence, harassment and bullying prevention programs.	Sacramento City Unified School District (SCUSD) WEAVE and Capitol Unity Council	Barbara Kronick barbara-kronick@sac-city.k12.ca.us

Roster of South Sacramento Building Healthy Communities Grantees, FY 2010/11

Youth Development (Priority Outcome #6)		
Project Goals/Objectives	Grantee Organization & Partners	Primary Contact Information
To conduct a visual and audio assessment of the South Sacramento Building Healthy Communities target area from the youth perspective, via Youth Block Reports.	People Reaching Out UC Davis	Staci Anderson stacia@peoplereachingout.org
To increase the amount of community health media coverage from the youth perspective. "Neighborhood News Bureaus" have been established at La Familia and Asian Resources Inc. Youth will have the opportunity to create daily posts on blog pages at both locations and posts will be compiled on AccessLocal.tv.	Access Sacramento UC Davis	Ron Cooper rcooper444@aol.com
To engage youth in health promoting activities by involving them in the launch of a comic book focused on eating healthy and being physically active.	Asian Resources, Inc.	Alberto Mercado alberto@asianresources.org

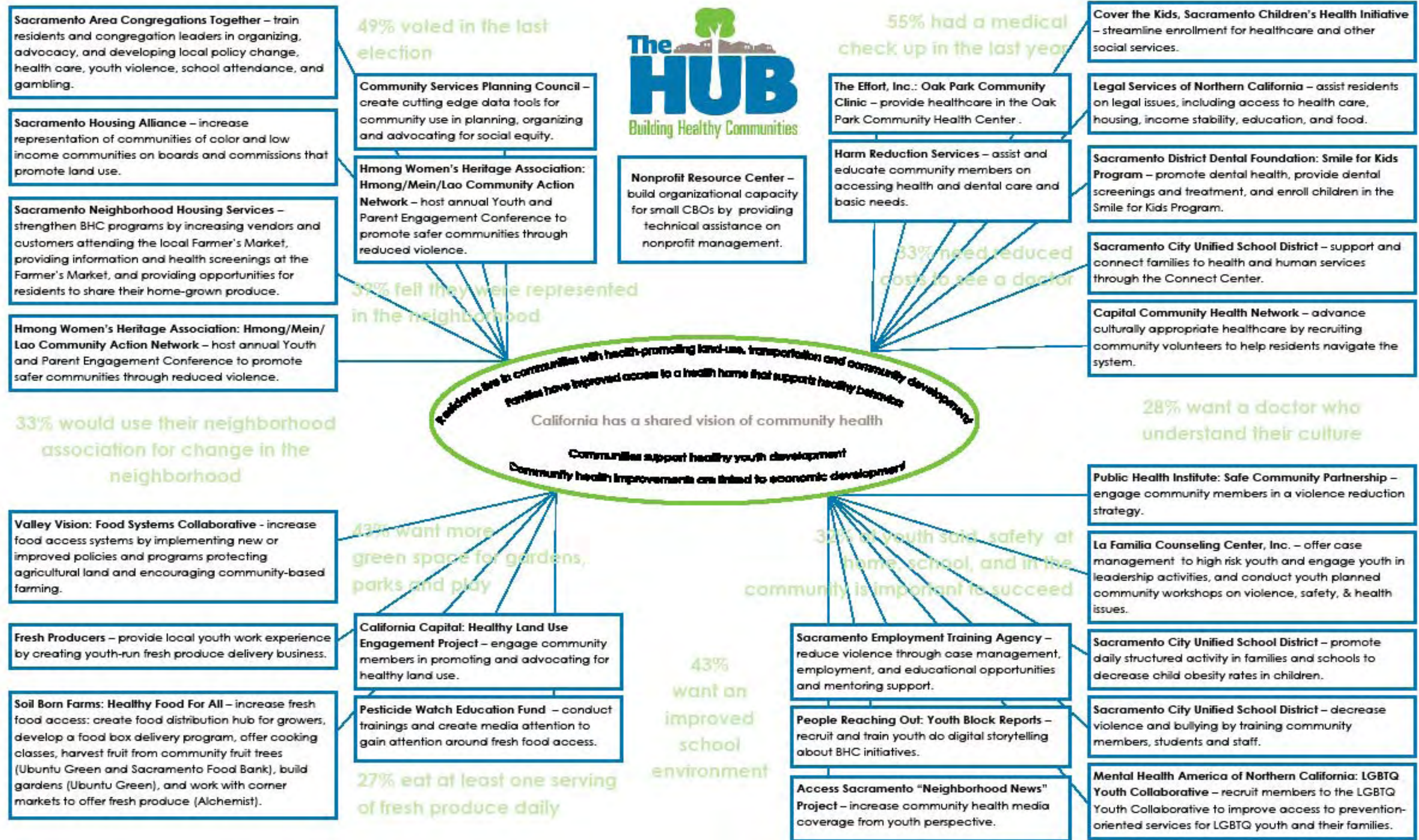
Reducing Youth Violence (Priority Outcome #6)		
Project Goals/Objectives	Grantee Organization & Partners	Primary Contact Information
To build the capacity of youth from high risk underserved populations in South Sacramento to become leaders and advocates to promote reductions in youth violence, to increase safety and promote health issues that impact their communities.	La Familia Counseling Center	Vidal Gonzales Vidalgonzalez0@gmail.com
To build the capacity of the Hmong, Mien and Lao communities to strengthen their relationships with each other and to work with government agencies to improve health outcomes and prevent youth violence in their communities.	Hmong Women's Heritage Assn. <i>United lu-Mien Community, Inc.</i> <i>Sacramento Hmong Mediation Inc.</i> <i>Sacramento Asian American Minority, Inc.</i>	Pa Kou Vang pkvang@hmongwomenheritage.org
To reduce violence in Sacramento by working with partner agencies, the faith based community, and community based organizations to provide intensive case management, employment and educational opportunities, and mentoring support to individuals identified as the drivers of violence through the Safe Community Partnership program.	Sacramento Employment and Training Agency (SETA)	Christine Welsch christine@delpaso.seta.net
To provide technical assistance to local partners to implement the Safe Community Partnership (SCP), an evidence-based, data-driven approach designed to reduce serious gun-related street violence in the near term and on a community-wide level.	Public Health Institute (PHI)	Stewart Wakeling swakeling@phi.org
To develop and expand youth led violence, harassment and bullying prevention programs.	Sacramento City Unified School District (SCUSD) WEAVE & Capitol Unity Council	Barbara Kronick barbara-kronick@sac-city.k12.ca.us
To provide mental health support and employment information to the formerly incarcerated	Associated Prison Ministries of California	Pastor Carr pastorcarr@associatedprisonministriesofcalifornia.org

Improving the Built Environment (Advocating for Healthy Promoting Land Use Policies and Projects) (Priority Outcome #8)		
Project Goals/Objectives	Grantee Organization & Partners	Primary Contact Information
To strengthen the capacity of residents and youth in South Sacramento to advocate for health promoting land use, transportation and community development policies. Current plans are to work in the following neighborhoods: North Oak Park, Central Oak Park, South Oak Park, Tahoe Park, Fruitridge Manor, Avondale-Glenn Elder, the Avenues and North and South Farms.	California Capitol Development Corp. Ubuntu Green WALK Sacramento	Clarence Williams
To strengthen and expand mechanisms for linking individual health, housing and transportation problems in South Sacramento to policy and systemic changes in the local Sacramento area and statewide.	Legal Services of Northern California (LSNC)	Amy Williams awilliams@lsnc.net
The Boards and Commissions Leadership Institute (BCLI)/To increase the representation of communities of color and low income communities on boards and commissions in the Sacramento region and to provide members and attendees of events a better understanding of the health and equity impacts of land use decisions and other government actions.	Sacramento Housing Alliance/CORE	Constance Slider constance@sachousingalliance.org

Community Organizing (Building Resident Power) (Priority Outcome #10)		
Project Goals/Objectives	Grantee Organization & Partners	Primary Contact Information
To empower residents and congregation leaders of South Sacramento to develop campaigns to improve access to health care, reduce youth violence and increase school attendance.	Sacramento ACT (Area Congregations Together)	Alicia Ross Alicia@sacact.org
To increase the representation of communities of color and low income communities on boards and commissions in the Sacramento region and to provide members and attendees of events a better understanding of the health and equity impacts of land use decisions and other government actions.	Sacramento Housing Alliance/CORE The Boards and Commissions Leadership Institute (BCLI)	Constance Slider constance@sachousingalliance.org
To strengthen the capacity of residents and youth in South Sacramento to advocate for health promoting land use, transportation and community development policies. Current plans are to work in the following neighborhoods: North Oak Park, Central Oak Park, South Oak Park, Tahoe Park, Fruitridge Manor, Avondale-Glenn Elder, the Avenues and North and South Farms.	Ubuntu Green	Charles Mason charles@ubuntugreen.org
To build the capacity of the Hmong, Mien and Lao communities to strengthen their relationships with each other and to work with government agencies to improve health outcomes and prevent youth violence in their communities.	Hmong Women's Heritage Assn. United Lu-Mien Community, Inc. Sacramento Hmong Mediation Inc. Sacramento Asian American Minority, Inc.	Joil Xiong JXiong@cityofsacramento.org

Roster of South Sacramento Building Healthy Communities Grantees, FY 2010/11

Technical Assistance, Training Opportunities (Priority Outcome #10)		
Project Goals/Objectives	Grantee Organization & Partners	Primary Contact Information
To develop and implement cutting edge data tools to inform the planning, organizing, and advocacy for social equity for all communities within the Sacramento region.	Community Services Planning Council Sacramento Housing Alliance/CORE UC Davis Center for Regional Change	Alan Lange alange@communitycouncil.org
To strengthen and expand mechanisms for linking individual health, housing and transportation problems in South Sacramento to policy and systemic changes in the local Sacramento area and statewide.	Legal Services of Northern California (LSNC)	Amy Williams awilliams@lsnc.net
To build the organizational capacity of small community based organizations that are providing needed services to the community within the South Sacramento Building Healthy Communities target area and to build the capacity of the BHC collaborative.	Nonprofit Resource Center Valley Vision ONTRACK Program Resources, Inc.	Gail Catlin GCatlin@nprcenter.org



Building Healthy Community Survey



The purpose of this survey is to learn how to make our community a healthier place to live. The questions will ask about your experiences, and ideas for possible changes or improvements. Your input is a very important piece of a 10-year plan to improve the health of this community, part of something called

“Sacramento Building Healthy Communities.”

First, to make sure we hear from residents of our neighborhood, what is your zip code? (n=576)

14% 95817 22% 95820 27% 95824 37% Other zip code:

Living, Working, Getting Around in Our Neighborhood

1. What are a few things you would like to change about this neighborhood? (n=5103)

- 43% Providing more green space for urban gardens, parks, or play areas
- 47% Offering more recreation, entertainment, and cultural activities
- 33% Improving the convenience of public transportation
- 32% Increasing the number of outlets that meet my service and shopping needs
- 63% Decreasing crime
- 57% Increasing the number of jobs available
- 44% Improving the quality of housing
- 11% I am happy with the existing livability of this community
- 7% Other:

2. What is your primary source of transportation? (n=5113)

- 74% Vehicle
- 21% Public transit (bus or light rail) 19% Walking
- 8% Bicycle 1% Other:

3. Which of the following activities do you do in the neighborhood? (n=5042)

- 34% Go to the library 30% Work
- 49% Shop for other needs, like clothing, household items 50% Shop for groceries
- 37% Go to church or other spiritual center 4% None of the above
- 18% Participate in neighborhood association or other community group 3% Other:
- 36% Exercise or workout
- 30% Go to a park or recreation area; which ones?

4. What prevents you from doing these activities in this neighborhood? (n=4876)

- 22% Not available
- 21% Lack transportation
- 24% I can save money shopping outside the neighborhood
- 23% The neighborhood stores do not sell things that interest me
- 28% The stores nearby are mostly liquor stores or convenience stores
- 15% I don't know of these resources in my neighborhood
- 25% Nothing
- 6% Other:

Health In Your Family or Household

5. How many people live in your household? Varies 1-10+
6. How many children 18 or younger? 75% have 1 or more children 18 or younger
7. Where do you and your family usually get your health care? (n=5033)
- | | | | |
|-----|------------------------------|-----|---|
| 65% | Regular doctor | 11% | Community clinic (MAAP, The Effort, Molina, Others?) |
| 11% | Emergency room | 14% | County clinic, Sacramento Primary Care Center (Stockton & Broadway) |
| 6% | Alternative medical provider | 3% | Other: |
8. When did you last see a doctor for a routine checkup? (n=4889)
- | | | | |
|-----|----------------------|-----|-----------------------|
| 55% | Within the last year | 6% | More than 5 years ago |
| 19% | 1-2 years ago | 12% | I don't remember |
| 8% | 3-5 years ago | | |
9. What would it take for you to get routine checkups when you are not sick? (n=5012)
- | | |
|-----|--|
| 28% | Having a doctor who understands my culture, speaks my language |
| 33% | Reducing the costs that I have to pay |
| 17% | Having doctors in locations that are convenient |
| 14% | Having doctors available at hours that fit my schedule |
| 17% | Reducing the amount of time I have to wait to see a doctor |
| 25% | I am happy with my current ability to visit the doctor |
| 4% | Other: |
10. When did your child(ren) last see a dentist? (n=4813)
- | | | | |
|-----|----------------------|-----|---|
| 45% | Within the last year | 3% | More than 5 years ago |
| 19% | 1-2 years ago | 9% | I don't remember |
| 6% | 3-5 years ago | 19% | Not applicable, I do not have children in my care |
11. When did you last see a dentist? (n=4904)
- | | | | |
|-----|----------------------|-----|-----------------------|
| 40% | Within the last year | 9% | More than 5 years ago |
| 26% | 1-2 years ago | 14% | I don't remember |
| 11% | 3-5 years ago | | |
-

Nutrition, Physical Activity, and Health in Our Neighborhood

12. How many meals do you eat at fast food restaurants each week? (n=4978)
- | | | | |
|-----|--|-----|------------------------------------|
| 63% | None to 3 meals per week | | |
| 13% | 4-7 meals per week (almost one a day) | 16% | I don't know; it varies every week |
| 5% | 7 or more meals per week (1-2 per day) | 2% | Other: |
13. How often do you eat fresh fruit or vegetables each week? (n=4994)
- | | | | |
|-----|--|-----|------------------------------------|
| 21% | None to 3 meals per week | | |
| 38% | 4-7 meals per week (almost one a day) | 12% | I don't know; it varies every week |
| 27% | 7 or more meals per week (1-2 per day) | 2% | Other: |
14. What would make it easier for you to more regularly eat fresh fruits & vegetables? (n=4957)
- | | |
|-----|---|
| 37% | Having better access to locations where I can buy fruits and vegetables |
| 28% | Being able to grow my own fruits and vegetables |
| 21% | Knowing how to prepare/serve more fruits and vegetables |
| 41% | I am happy with the amount of fruits and vegetables I eat |
| 6% | Other: |
15. Which of the following activities do you currently do in our neighborhood? (n=4952)
- | | | | |
|-----|--|-----|-------------------------|
| 23% | None; please skip to question 17 and share why | 17% | Biking or skateboarding |
| 63% | Walking | 7% | Swimming |
| 22% | Running or jogging | 5% | Other: |

16. How often do you do this/these activities? (n=4122)

- | | |
|------------|---|
| 7% None | 6% A few times per year |
| 45% Daily | 3% I do not do any of these activities regularly. |
| 30% Weekly | 3% Other: |
| 6% Monthly | |

17. What would make it easier for you to do these activities? (n=4873)

- 55% Having safer neighborhoods
- 39% Having neighborhoods designed for easy and safe walking, biking, or other alternatives to cars and buses
- 36% Having more locations where I can be physically active
- 28% Having access to more organized sports or recreational activities
- 24% Having friends who will exercise with me
- 21% I am happy with my ability to do physical activity
- 4% Other:

.....

Youth & Healthy Development

18. In what ways can adults provide support to young people in our community? (n=4940)

- | | | |
|-----|--|--|
| 50% | Increase opportunities for young people to participate in decision making processes impacting this community | |
| 47% | Create more opportunities for mentorships | |
| 54% | Have more training and skill-building programs for youth | |
| 54% | Have more employment opportunities for youth | |
| 52% | Have more organized activities for young people to participate in during non-school hours | |
| 41% | Improve parenting skills | |
| 43% | Improve the school environment | |
| 10% | I am happy with the support that young people currently receive in our neighborhood | |

.....

Safety and Sense of Community in Our Neighborhood

19. I feel that my voice is heard and represented in the neighborhood. (n=4707)

- | | |
|--------|---------|
| 60% No | 39% Yes |
|--------|---------|

20. I feel friendly toward my neighbors (n=4882)

- | | |
|--------|---------|
| 16% No | 86% Yes |
|--------|---------|

21. I feel safe living in my neighborhood (n=4788)

- | | |
|--------|---------|
| 39% No | 61% Yes |
|--------|---------|

22. Since you have lived in this neighborhood, have you made friends with someone whose culture, life experience or background is different from yours? (n=4808)

- | | |
|--------|---------|
| 26% No | 74% Yes |
|--------|---------|

.....

Getting Involved and Taking Action to Make Changes for the Better

23. If you wanted to change something in our community for the better, to whom would you go first? (n=4868)

- | | |
|------------------------------|--|
| 26% Another neighbor | 28% My City Council representative or other elected official |
| 33% Neighborhood Association | 16% A police officer |
| 15% Someone at the school | 5% A doctor; my physician |
| 19% A church leader | 21% A community service organization; which one(s)? |
| 22% A family member | 7% Other: |

24. Did you vote in the last election? (n=4802)
 51% Yes 49% No
25. Would you like to volunteer to help with the Building Healthy Communities collaborative? (n=4769)
 39% Yes
 33% No
 28% I need more information to decide (be sure to get contact information on last page)

.....
Now About You (OPTIONAL)

The following information is confidential and will not be used to identify you or your responses.

The information is being collected to describe the community as a whole. The questions are optional.

26. Which of these best describes your racial/ethnic identity? (✓ all that apply)
- | | | | | | |
|------------------|-----|-----------------|-----|------------|-----|
| African American | 22% | Hispanic/Latino | 24% | Samoan | 0% |
| Asian, describe: | 5% | Hmong | 17% | Vietnamese | 4% |
| White | 13% | Mien | 2% | Other | 11% |
| | | | | | % |
27. Check whether you are:
- | | | | | | |
|--------|-----|-------------|----|------------------|----|
| Male | 39% | Intersex | 0% | Gender queer | 0% |
| Female | 59% | Transgender | 0% | Decline to state | 1% |
28. Check whether you identify as: (✓ only one)
- | | | | | | |
|--------------|-----|----------------------|----|------------------|----|
| Heterosexual | 82% | Bisexual | 2% | Decline to state | 6% |
| Lesbian | 2% | Queer | 0% | Other | 3% |
| Gay | 1% | Questioning/not sure | 2% | | |
29. Which age group best describes you? (✓ only one)
- | | | | | | |
|--------------|-----|-------|-----|--------------|----|
| Under age 18 | 5% | 36-40 | 14% | 56-60 | 5% |
| 18-24 | 12% | 41-45 | 11% | 61-65 | 3% |
| 25-30 | 17% | 46-50 | 9% | 65 and older | 3% |
| 31-35 | 14% | 51-55 | 7% | | |
30. How long have you lived in this neighborhood?
 Varies 0-71 years

Thank you for your participation in this survey, which will inform The California Endowment about the needs, priorities, and assets for improving community health in your neighborhood.

The most important items youth in South Sacramento need to achieve or obtain?

(Ranked in order 1-5)

BY GRADE:

7th Grade

1	Academic Success
2	Safe Places To Hangout
3	Violence Free
4	Youth Safety
5	Accept/Like Themselves

8th Grade

1	Safe Places To Hang out
2	Academic Success
3	Youth Safety
4	Volunteer/Employment Opportunities
5	Accept/Like Themselves

9th Grade

1	Academic Success
2	Violence Free
3	Safe Places To Hang out
4	Youth Safety
5	Youth Continue Education

10th Grade

1	Academic Success
2	Violence Free
3	Volunteer/Employment Opportunities
4	Youth Safety
5	Safe Places To Hang out

11th Grade

1	Academic Success
2	Violence Free
3	Youth Safety
4	Volunteer/Employment Opportunities
5	Safe Places To Hang out

12th Grade

1	Academic Success
2	Volunteer/Employment Opportunities
3	Violence Free
4	Youth Safety
5	Youth Continue Education

Middle School

1	Safe Places To Hang out
2	Academic Success

High School

1	Academic Success
2	Violence Free

BY GENDER

Males

3	Violence Free
4	Youth Safety
5	Accept/Like Themselves

Females

3	Youth Safety
4	Volunteer/Employment Opportunities
5	Safe Places To Hang out

BY ETHNICITY:

African American

1	Academic Success
2	Violence Free
3	Safe Places To Hangout
4	Volunteer/Employment Opportunities
5	Caring Adults

Asian

1	Academic Success
2	Youth Safety
3	Violence Free
4	Safe Places To Hangout
5	Caring Adults

White

1	Academic Success
2	Youth Safety
3	Violence Free
4	Safe Places To Hangout
5	Caring Adults

Hmong

1	Academic Success
2	Safe Places To Hangout
3	Youth Safety
4	Violence Free
5	Youth Continue Education

Samoan

1	Violence Free
2	Leadership Opportunities
3	Youth Continue Education
4	Academic Success
5	Youth Safety

Other

1	Academic Success
2	Violence Free
3	Youth Safety
4	Youth Continue Education
5	Safe Places To Hangout

Hispanic/Latino

1	Academic Success
2	Volunteer/Employment Opportunities
3	Violence Free
4	Safe Places To Hangout
5	Youth Continue Education

Mein

1	Academic Success
2	Youth Safety
3	Violence Free
4	Accept/Like Themselves
5	Youth Continue Education

Vietnamese

1	Violence Free
2	Youth Safety
3	Accept/Like Themselves
4	Academic Success
5	Safe Places To Hangout

Multi

1	Academic Success
2	Youth Safety
3	Violence Free
4	Youth Continue Education
5	Caring Adults

Resources they would like to see available for teens at school or in neighborhood?

(Ranked 1-10)

BY GRADE:

7th Grade

1	Job Assistance
2	Fitness/Weight Management
3	Music Program
4	Sports/Recreation Program
5	Art Program
6	College Prep
7	Dance Program
8	Tutoring
9	Violence Prevention
10	Stress Management

8th Grade

1	Job Assistance
2	Music Program
3	Stress Management
4	Fitness/Weight Management
5	Dance Program
6	Sports/Recreation Program
7	Violence Prevention
8	Art Program
9	College Prep
10	Internship

9th Grade

1	Job Assistance
2	Music Program
3	Fitness/Weight Management
4	College Prep
5	Sports/Recreation Program
6	Dance Program
7	Tutoring
8	Stress Management
9	Violence Prevention
10	Internship

10th Grade

1	Job Assistance
2	Music Program
3	Stress Management
4	Sports/Recreation Program
5	Fitness/Weight Management
6	College Prep
7	Dance Program
8	Violence Prevention
9	School Programs
10	Art Program

11th Grade

1	Job Assistance
2	Music Program
3	College Prep
4	Stress Management
5	internship
6	Fitness/Weight Management
7	Sports/Recreation Program
8	Violence Prevention
9	Art Program
10	Dance Program

12th Grade

1	Job Assistance
2	College Prep
3	Fitness/Weight Management
4	Music Program
5	Sports/Recreation Program
6	Internship
7	Violence Prevention
8	Reproductive Health
9	Dance Program
10	Stress Management

Middle School

1	Job Assistance
2	Fitness/Weight Management
3	Music Program
4	Sports/Recreation Program
5	Dance Program
6	Art Program
7	Stress Management
8	College Prep
9	Violence Prevention
10	Tutoring

High School

1	Job Assistance
2	Music Program
3	Fitness/Weight Management
4	College Prep
5	Sports/Recreation Program
6	Stress Management
7	Violence Prevention
8	Internship
9	Dance Program
10	Art Program

BY GENDER:

Male

1	Job Assistance
2	Sports/Recreation Program
3	Fitness/Weight Management
4	Music Program
5	College Prep
6	Stress Management
7	Violence Prevention
8	Internship
9	Art Program
10	Tutoring

Female

1	Job Assistance
2	Music Program
3	Dance Program
4	College Prep
5	Stress Management
6	Fitness/Weight Management
7	Violence Prevention
8	Art Program
9	Internship
10	Sports/Recreation Program

BY ETHNICITY:

African American

1	Job Assistance
2	Music Program
3	Dance Program
4	Fitness/Weight Management
5	Sports/Recreation Program
6	Violence Prevention
7	College Prep
8	Internship
9	Stress Management
10	Tutoring

Asian

1	Job Assistance
2	Music Program
3	College Prep
4	Fitness/Weight Management
5	Sports/Recreation Program
6	Art Program
7	Violence Prevention
8	Stress Management
9	Dance Program
10	Internship

White

1	Job Assistance
2	Stress Management
3	Music Program
4	Fitness/Weight Management
5	Internship
6	Violence Prevention
7	College Prep
8	Sports/Recreation Program
9	Art Program
10	AOD Prevention

Hispanic/Latino

1	Job Assistance
2	Fitness/Weight Management
3	College Prep
4	Sports/Recreation Program
5	Music Program
6	Violence Prevention
7	Tutoring
8	Stress Management
9	Art Program
10	Internship

Hmong

1	Job Assistance
2	Music Program
3	Fitness/Weight Management
4	College Prep
5	Sports/Recreation Program
6	Art Program
7	Violence Prevention
8	Stress Management
9	Dance Program
10	Internship

Mien

1	Music Program
2	Job Assistance
3	College Prep
4	Sports/Recreation Program
5	Dance Program
6	Stress Management
7	Fitness/Weight Management
8	Art Program
9	Internship
10	Violence Prevention

Samoan

1	Job Assistance
2	Stress Management
3	Music Program
4	College Prep
5	Internship
6	Dance Program
7	School Programs
8	Peer Support Group
9	Violence Prevention
10	Sports/Recreation Program

Vietnamese

1	Job Assistance
2	College Prep
3	Sports/Recreation Program
4	Internship
5	Violence Prevention
6	Music Program
7	Fitness/Weight Management
8	Stress Management
9	Dance Program
10	Tutoring

Other Ethnicity

1	Job Assistance
2	Stress Management
3	College Prep
4	Tutoring
5	Fitness/Weight Management
6	Confidential Counseling
7	Music Program
8	Violence Prevention
9	Reproductive Health
10	Art Program

Multi Ethnic

1	Job Assistance
2	Music Program
3	College Prep
4	Fitness/Weight Management
5	Art Program
6	Sports/Recreation Program
7	Dance Program
8	Stress Management
9	School Programs
10	Reproductive Health

HealthyCity.Org Data Elements Available by Zip Code/Census Tract

Priority Outcome #2: Families have improved access to a health home that supports healthy behaviors

Indicator	Source	Grantee(s)
Percent with and without insurance	Health Insurance & Access, HealthyCity.Org	The Effort, Harm Reduction Services, SCUSD
Healthy Families program subscribers enrolled and disenrolled by month	Health Insurance & Access, HealthyCity.Org	The Effort, Harm Reduction Services, SCUSD
Healthy Families program enrollment rate by month	Health Insurance & Access, HealthyCity.Org	The Effort, Harm Reduction Services, SCUSD
Means of transportation to work	Employment , HealthyCity.Org	Legal Services of Northern CA
Total travel time to work	Employment , HealthyCity.Org	Legal Services of Northern CA
WIC participants	Women, Infants, & Children, HealthyCity.Org	
WIC families	Women, Infants, & Children, HealthyCity.Org	
Age of WIC participants	Women, Infants, & Children, HealthyCity.Org	
Poverty level of WIC participants	Women, Infants, & Children, HealthyCity.Org	
Birth weight	Women, Infants, & Children, HealthyCity.Org	
Overweight status of 3 and 4 year old children	Women, Infants, & Children, HealthyCity.Org	
Risk of overweight status of 3 and 4 year old children	Women, Infants, & Children, HealthyCity.Org	
Women with diabetes	Women, Infants, & Children, HealthyCity.Org	
Breastfeeding, formula feeding, and combination infants	Women, Infants, & Children, HealthyCity.Org	

Priority Outcome #4: Residents live in communities with health-promoting land-use, transportation, and community development

Indicator	Source	Grantee
Percent consuming 5 fruits and vegetables	Health Behaviors, Physical Activity & Nutrition, HealthyCity.Org	Valley Vision, Fresh Producers, Soil Born Farms, Pesticide Watch, Neighborworks
Percent obese, overweight, and normal	Health Behaviors, Physical Activity & Nutrition, HealthyCity.Org	Valley Vision, Fresh Producers, Soil Born Farms, Pesticide Watch, Neighborworks
Childhood asthma hospitalizations	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Asthma hospitalizations	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Percent diagnosed with asthma	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Childhood asthma hospitalization rate	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Asthma hospitalization rate	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Mental illness – patients under 20	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Mental illness rate – patients under 20	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Mental illness hospitalizations	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Mental illness hospitalization rate	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Diabetes hospitalizations	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Childhood diabetes hospitalizations	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Uncontrolled diabetes hospitalizations	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Percent diagnosed with diabetes, sugar diabetes, or as borderline or pre-diabetic	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Diabetes hospitalization rate	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Childhood diabetes hospitalization rate	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Uncontrolled diabetes hospitalization rate	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Total hospitalization rate	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Alcohol-drug use and alcohol-drug induced mental diseases	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Alcohol-drug use and alcohol-drug induced mental disease rate	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
HIV related hospitalizations	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
HIV related hospitalization rate	Conditions, Disease, & Injury, HealthyCity.Org	Valley Vision
Alcohol outlets	Neighborhood & Community, HealthyCity.Org	
Alcohol outlets per 1,000 people	Neighborhood & Community, HealthyCity.Org	
Protected areas (i.e. parks) per 1,000 people	Neighborhood & Community, HealthyCity.Org	
Means of transportation to work	Employment , HealthyCity.Org	
Total travel time to work	Employment , HealthyCity.Org	

HealthyCity.Org Data Elements Available by Zip Code/Census Tract

Housing units	Housing , HealthyCity.Org	
Units in structure	Housing , HealthyCity.Org	
Vehicles available	Housing , HealthyCity.Org	
Occupied and vacant housing units	Housing , HealthyCity.Org	
Renter occupied and owner occupied housing units	Housing , HealthyCity.Org	
Owner-occupied house value	Housing , HealthyCity.Org	
Owner-occupied median house value	Housing , HealthyCity.Org	
Year structure housing built	Housing , HealthyCity.Org	
Median year structure built	Housing , HealthyCity.Org	
Year householder moved into housing unit	Housing , HealthyCity.Org	
Average length of residence	Housing , HealthyCity.Org	

*Not available by zip code: The Retail Food Environment Index is a ratio of the total number of fast-food restaurants and convenience stores compared to grocery stores and produce vendors near a person's home. CHIS 2005, County level

Priority Outcome #6: Communities support healthy youth development

Indicator	Source	Grantee
Non-fatal firearm inpatient hospitalizations	Crime & Public Safety, HealthyCity.Org	Public Health Institute
Firearm related emergency department visits	Crime & Public Safety, HealthyCity.Org	Public Health Institute
Homicides by firearms	Crime & Public Safety, HealthyCity.Org	Public Health Institute
Deaths by firearms	Crime & Public Safety, HealthyCity.Org	Public Health Institute
Rate of non-fatal firearm inpatient hospitalizations per 100,000 people	Crime & Public Safety, HealthyCity.Org	Public Health Institute
Deaths by age	Deaths , HealthyCity.Org	Public Health Institute
Death rate by age	Deaths , HealthyCity.Org	Public Health Institute
Deaths by cause	Deaths , HealthyCity.Org	Public Health Institute
Deaths by cause and age	Deaths , HealthyCity.Org	Public Health Institute
Infant death rate	Deaths , HealthyCity.Org	Public Health Institute
Mental illness – patients under 20	Conditions, Disease, & Injury, HealthyCity.Org	SCUSD
Mental illness rate – patients under 20	Conditions, Disease, & Injury, HealthyCity.Org	SCUSD
Healthy Families program subscribers enrolled and disenrolled by month	Health Insurance & Access, HealthyCity.Org	The Effort, Harm Reduction Services, SCUSD
Healthy Families program enrollment rate by month	Health Insurance & Access, HealthyCity.Org	The Effort, Harm Reduction Services, SCUSD
Population 0-5 with and without a licensed child care space	Child Care & Early Education, HealthyCity.Org	
Entries to foster care	Foster Care Population	
Referral allegation incidence per 1,000 children	Child Welfare	
Birth rate	Birth, Prenatal, Parenting & Child, HealthyCity.Org	
Births by mother's age	Birth, Prenatal, Parenting & Child, HealthyCity.Org	
Infant birth weight	Birth, Prenatal, Parenting & Child, HealthyCity.Org	
Trimester prenatal care began	Birth, Prenatal, Parenting & Child, HealthyCity.Org	
WIC participants	Women, Infants, & Children, HealthyCity.Org	
WIC families	Women, Infants, & Children, HealthyCity.Org	
Age of WIC participants	Women, Infants, & Children, HealthyCity.Org	
Poverty level of WIC participants	Women, Infants, & Children, HealthyCity.Org	
Birth weight	Women, Infants, & Children, HealthyCity.Org	
Overweight status of 3 and 4 year old children	Women, Infants, & Children, HealthyCity.Org	
Risk of overweight status of 3 and 4 year old children	Women, Infants, & Children, HealthyCity.Org	
Women with diabetes	Women, Infants, & Children, HealthyCity.Org	
Breastfeeding, formula feeding, and combination infants	Women, Infants, & Children, HealthyCity.Org	

Priority Outcome #8: Community health improvements are linked to economic development

Indicator	Source	Grantee
Employment status (employed/unemployed)	Employment , HealthyCity.Org	
Employees	Employment , HealthyCity.Org	
Number of establishments	Employment , HealthyCity.Org	
Total payroll for all sectors	Employment , HealthyCity.Org	
Class of worker (blue/white collar, service and farm, for/nonprofit, govt)	Employment , HealthyCity.Org	
Employment by industry	Employment , HealthyCity.Org	
Employment by occupation	Employment , HealthyCity.Org	
Means of transportation to work	Employment , HealthyCity.Org	
Total travel time to work	Employment , HealthyCity.Org	
Total payroll per employees	Employment , HealthyCity.Org	
Household income	Income & Poverty, HealthyCity.Org	
Median household income	Income & Poverty, HealthyCity.Org	
Aggregate household income	Income & Poverty, HealthyCity.Org	
Families in poverty	Income & Poverty, HealthyCity.Org	
Families below poverty with children	Income & Poverty, HealthyCity.Org	
People living in poverty	Income & Poverty, HealthyCity.Org	
Total number of returns receiving the Earned Income Tax Credit (EITC)	Income & Poverty, HealthyCity.Org	
Sum of EITC received	Income & Poverty, HealthyCity.Org	
Percent EITC returns	Income & Poverty, HealthyCity.Org	
Public support for nonprofits (contributions from individuals and grants from govt)	Nonprofit Infrastructure, HealthyCity.Org	
Nonprofit expenses per capita	Nonprofit Infrastructure, HealthyCity.Org	
Total nonprofits	Nonprofit Infrastructure, HealthyCity.Org	
Nonprofit type	Nonprofit Infrastructure, HealthyCity.Org	
Nonprofit revenue	Nonprofit Infrastructure, HealthyCity.Org	
Nonprofit revenue by type	Nonprofit Infrastructure, HealthyCity.Org	
Educational attainment	Population Characteristics, HealthyCity.Org	

Priority Outcome #10: California has a shared vision of community health

Indicator	Source	Grantee
Need Index Score (% of families living in poverty; % of adults with less than a high school diploma; % unemployment; homicide death rate; infant mortality rate)	Population Characteristics, HealthyCity.Org	

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South Sacramento BHC

